

Your Heart is Your Believer, but Your Mouth is Your Receiver

Confessions that will pull healing and deliverance out of your spirit into your soul and body

1. My spirit is born again: 1 Peter 1:23; John 3:16-17; John 3:3; Romans 10:9-10, 13; John 1:12-13; John 5:24; Ephesians 2:8-9. Confirmation: John 14:6.
We have to do something with our soul and body: Romans 12:1-2, 6:13-23; Colossians 3:5-6; 1 Peter 2:24; Ephesians 1:18.
2. My spirit was sealed by the Holy Spirit when I got born again: Ephesians 1:13, 4:30; 2 Corinthians 1:22; 2 Timothy 2:19; Luke 17:21. Confirmation: John 6:27.
3. My heavenly Father lives in my spirit: 2 Corinthians 6:16, 18; 1 John 4:12-13; 1 John 4:15; John 17:23; 1 Corinthians 8:6. Confirmation: 2 John 9.
4. Jesus lives in my spirit: John 6:56; John 15:5; John 14:20, 23; Colossians 1:27; Galatians 2:20. Confirmation: 1 John 3:24.
5. Holy Spirit lives in my spirit: 1 Corinthians 6:19; Acts 1:8; John 14:17; Romans 8:11; John 15:26. Confirmation: 1 John 2:27.
6. The Word of God lives in my spirit: 1 Peter 1:23; Hebrews 4:12; John 1:1, 14; Romans 10:17; John 17:14. Confirmation: John 8:31-32.
7. The Kingdom of God lives in my spirit: my Father, Jesus, Holy Spirit, and the Word of God. This makes up the Kingdom of God living in me and I live in them around the clock in the name of Jesus. Check the verses in number one through six above.
8. I live in Jesus: 1 John 5:20; John 15:7; Ephesians 2:13; Ephesians 2:10; Ephesians 2:6; Galatians 3:28; Ephesians 1:10; 2 Corinthians 5:17; 2 Corinthians 1:20-21; Romans 8:1; Ephesians 1:4; Colossians 2:6; Colossians 2:10; 1 John 2:5; 1 John 2:27; 1 John 3:24; Ephesians 5:30; Philemon 1:6; Ephesians 1:22-23. Confirmation: All of the above.

CONFessions #1: BEFORE YOU START MAKING ANY CONFESSIONS

MAKE THIS CONFESSION FIRST. You can make these confessions around the clock and still be operating in faith. Keep calling your healing into your soul and body until you are completely healed.

1. I open my heart and call in and receive **God my Father**, my healer and deliverer, out of my spirit and by Jesus' stripes I am already healed. God my Father has said, He will **dwell and live in me**, and **walk in me**; and He will be my God (**Heavenly Father**), and I will be His **son/daughter**. I am the **temple of the living God**—not the dead God, and I have **no idols** (an idol is anything that is more important to you than God your Father, Jesus, Holy Spirit, Word of God, or the Kingdom of God) in my life (2 Cor. 6:16). God lives in me, and His love is perfected in me. I live in my Father, and **He lives in me**, because he has given me His Holy Spirit (1 Jn. 4:12-13). I confess that Jesus is the Son of God, and God my **Father lives in me**, and **I live in my Father** (1 Jn. 4:15). There is one God, my Father, of whom are all things, and **I live in Him** (1 Cor. 8:6). I live in the Words of Jesus, and I have both the **Father and Jesus** living inside of me (2 Jn. 9). I keep my Father's Commandments (Words) and my **Father lives in me** and **I live in my Father** (1 Jn. 3:24).
2. I open my heart and call in and receive **Jesus**, my healer and deliverer, out of my spirit and by Jesus' stripes I am already healed. I am a member of **Jesus' body**, of **Jesus' flesh**, and of **Jesus' bones** (Eph. 5:30). Jesus is the vine, and I am the branch. **I live in Jesus** and **Jesus lives in me**, and because of this I produce much fruit. (Jn. 15:5). **Jesus lives in me**, which is the hope of glory (Col. 1:27). Jesus is in the Father, I am in Jesus, and Jesus is in me (Jn. 14:20). Jesus lives in me, and the life which I now live in the flesh I live by the faith of the Son of God, who loves me, and gave Himself for me (Gal. 2:20). I **eat Jesus' flesh** and **drink His blood** every time I take Communion, and because of this **I live in Jesus** and **Jesus lives in me** (Jn. 6:56).
3. I open my heart and call in and receive **Holy Spirit**, my healer and deliverer, out of my spirit and by Jesus' stripes I am already healed. My body is the **temple of the Holy Spirit** which is in me (spirit, soul

and body). I was bought with a price (blood of Jesus); therefore, I will glorify my Father in my spirit, soul and body, which are my Father's and not mine (1 Cor. 6:19-20). I received the power and the anointing of the Holy Spirit when I got born again (Acts 1:8). The Spirit that raised Jesus from the dead dwells (lives) in me. The Holy Spirit that raised up Christ from the dead is quickening (healing) my mortal (death-doomed) body by His Holy Spirit that lives in me (Rom. 8:11). The Holy Spirit guides me into all truth, and the Holy Spirit will show me things to come (Jn. 16:13).

4. I open my heart and call in and receive Holy Spirit, my healer and deliverer, and His resurrecting healing anointing, power, glory, fire, and DNA out of my spirit, and into every cell and tissue in my soul and body in Jesus' name. Come in Holy Spirit my healer with your anointing and power in Jesus' name. Come in Holy Spirit my healer with your anointing and power in Jesus' name. From the top of my head to the tips of my toes and fingers in Jesus' name. The Holy Spirit lives in me from top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
5. I open my heart and call in and receive the Word of God, my healer and deliverer, out of my spirit and by Jesus' stripes I am already healed. I am born again by the incorruptible seed of the Word of God, which lives and abides in me forever. Every day the Word of God keeps me healed, whole, healthy, and strong in Jesus' name (1 Pet. 1:23). God's faith is His Word and my faith is in God's Word (Heb. 11:3). "For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart" (Heb. 4:12). I will continue in Jesus' Words, and I shall know the truth and the truth shall make me free. Every day the Word will remove all sickness, disease, weakness, and bondage from my soul and body in Jesus' name (Jn. 8:31-32).
6. I open my heart and call in and receive the Kingdom of God (all four), my healers and deliverers, out of my spirit and by Jesus' stripes I am already healed. I call them out of my spirit, out of my spirit, out of my spirit, out of my spirit, and out of my spirit into every subatomic particle of every atom and cell, organ and gland, tissue and system in my soul and body. From the top of my head to the tips of my toes, and from the top of my head to the tips of my fingers. And from my bone marrow cells and my bones to my skin cells and my skin, and everything in between. They have healed me, delivered me, and set me free, and put my soul and body into a perfect working order in Jesus' name. Father, your Kingdom come, and your will be done in every cell of my soul and body in Jesus' name (Matt. 6:9-10). The Kingdom of God will not say look over here or look over there, because the Kingdom of God is within me—sealed in my spirit (Lk. 17:20-21). It is a fact that by Jesus' stripes I am already healed.

CONFessions #1 CONDENSED

These are some of the things that you are calling in and receiving when you are making confessions number one, items one through six.

I. God has said (2 Cor. 6:16): 1 Jn. 4:12-13; 1 Jn. 4:15; 1 Cor. 8:6; 2 Jn. 9; 1 Jn. 3:24

1. God dwells and lives in me.
2. God my Father walks in me.
3. God is my Heavenly Father—Father God.
4. I am my Heavenly Father's son and Marlene, _____, is His daughter.
5. I am the temple of the living God—not a dead god. My Father is not sick, confused, weak, worried, defeated, stressed, anxious, or broke.
6. I have no idols in my life in Jesus' name.

II. Jesus has said: Eph. 5:30; Jn. 15:5; Col. 1:27; Jn. 14:20; Gal. 2:20; Jn. 6:56

1. I am a member of Jesus' body, of Jesus' flesh, and of Jesus' bones (Eph. 5:30).
2. Jesus is the vine and I am the branch (Jn. 15:5).
3. I live in Jesus and Jesus lives in me, and I produce much fruit (Jn. 15:5).
4. Jesus lives in me which is the hope of glory (Col. 1:27).
5. Jesus is in the Father, I am in Jesus, and Jesus is in me (Gal. 2:20).
6. Jesus lives in me, and I live in the flesh by the faith of the son of God (Gal. 2:20)

7. Every time I take Communion, I eat Jesus' flesh and drink His blood in the spirit realm, not in the natural realm, in Jesus' name (Jn. 6:56).

III. Holy Spirit has said: 1 Cor. 6:19-20; Acts 1:8; Rom. 8:11; Jn. 16:13; Titus 2:14; Rev. 5:9.

1. My body is the temple (home) of the Holy Spirit (1 Cor. 6:19).
2. I was bought and redeemed by the blood of Jesus (Titus 2:14; Rev. 5:9).
3. My spirit belongs to my Father and it is not mine (1 Cor. 6:19-20).
4. I have the power and anointing of the Holy Spirit living in me (Acts 1:8).
5. The Spirit that raised Jesus from the dead dwells (lives) in me (Rom. 8:11).
6. The Holy Spirit quickens and heals my mortal (death doomed) body by the Holy Spirit that lives in me (Rom. 8:11).
7. The Holy Spirit guides me into all truth and He will show me things to come (Jn. 16:13).

IV. Holy Spirit has said: Rom. 8:11; 1 Cor. 1:21; Acts 1:8; 2 Cor. 4:18; 1 Cor. 10:31; Luke 3:16; Acts 2:3; Jn. 15:5; Col. 1:7.

1. The Holy Spirit is my healer and deliverer (Rom. 8:11).
2. I call in the Holy Spirit's resurrecting healing anointing, power, glory, fire, and DNA that raised Jesus from the dead, out of my spirit, into every cell of my soul and body in Jesus' name (Rom. 8:11).
 - A. Anointing: God our Father has established us and anointed us in Christ (1 Cor. 1:21).
 - B. Power: You shall receive power after the Holy Spirit has come upon you (Acts 1:8).
 - C. Glory: Jesus takes us from glory to glory by the Holy Spirit (2 Cor. 4:18). We do everything to the glory of God (1 Cor. 10:31).
 - D. Fire: Jesus has baptized us with the Holy Spirit and fire. There appeared unto them cloven tongues like as of fire, and it sat upon each of them (Luke 3:16; Acts 2:3).
 - E. DNA: Jesus is the vine and He lives in me and I live in Him. Jesus, the hope of glory, lives in me. I have Jesus' DNA living in me (Jn. 15:5; Col. 1:7).

V. Word of God said: 1 Pet. 1:23; Jn. 6:63; Rom. 10:17; Heb. 4:12; Jn. 8:31-32.

1. I have the incorruptible seed of the Word of God, which lives and abides in me forever (1 Pet. 1:23).
2. The Word of God keeps me healed, whole, healthy, and strong in Jesus' name (Jn. 6:63).
3. God's faith is in His Word and my faith is in God's Word (Rom. 10:17).
4. The Word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of my heart (Heb. 4:12).
5. I will continue in Jesus' Words and I shall know the truth and the truth makes me free (Jn. 8:31-32).
6. Every day the Word will remove all sickness, disease, weakness, and bondage from my soul and body in Jesus' name (Jn. 8:31-32).

VI. The Kingdom of God which is my Father, Jesus, Holy Spirit, and the Word of God has said:

God has said: Rom. 14:17; Matt. 6:9-10; Lk. 17:20-21; 1 Pet. 2:24. I call the Kingdom of God, my healer and deliverer, out of my spirit (Rom. 14:17).

1. I call God my Father, my healer and deliverer, out of my spirit.
2. I call Jesus, my healer and deliverer, out of my spirit.
3. I call the Holy Spirit, my healer and deliverer, out of my spirit.
4. I call the Word of God, my healer and deliverer, out of my spirit.
5. I call the Kingdom of God, my healer and deliverer, out of my spirit into every subatomic particle of every atom and cell, organ and gland, tissue and system in my soul and body. From the top of my head to the tips of my toes, and from the top of my head to the tips of my fingers. And from my bone marrow cells and my bones to my skin cells and my skin, and everything in between. The Kingdom of God has healed me, delivered me, and set me free, and put my soul and body into a perfect working order in Jesus' name.
6. Father, your Kingdom come and your will be done in every cell of my soul and body in Jesus' name (Matt. 6:9-10).

7. The Kingdom of God will not say look over here or look over there, because the Kingdom of God is within me—sealed in my spirit (Lk. 17:20-21).
8. It is a fact that by Jesus' stripes I am **already healed** (1 Pet. 2:24).
9. I call everything in my soul and body chemically balanced and into a perfect working order in Jesus' name.

Make this confession three times every day and/or as often as needed. Apply this confession to every area of your soul and body that needs healing and restoration until they are operating perfectly in Jesus' name. Jesus healed me 2,000 years ago, so I will keep calling in my healing day and night until I am totally and completely healed in Jesus' name. You have to believe that you already have it by faith and then you get it.

Faith, Trust and Belief, and Hope

Faith is always **past tense**. Faith is the Word of God. Faith has a voice. Faith talks. Faith says “I have it now.” Faith calls healing into our souls and bodies until we have the total manifestation. Heb. 11:1; 11:6; 2 Cor. 4:13; Pro. 18:21; Heb. 10:23

Trust and Belief are always **present tense – right now**. They will always line up with the Word of God. Prov. 3:5-8; Mk. 11:23-24; Matt. 21:22

Hope is always **future tense**. Hope is your blueprint or your vision. Hope is your plan for the end results. Hope is chapter and verse—the promises of God. Faith brings hope into manifestation. Heb. 11:1, 6.

CONFessions #2

1. My spirit is born again and saved through the blood of Jesus. Jesus and the Kingdom of God live in my heart 24/7 (Rom. 10:9-10, 13). My name is written in the Lamb's Book of Life and I am on my way to heaven in Jesus' name.
2. My spirit was sealed by the Holy Spirit when I received Jesus as my Lord and Saviour with the grace of God (the Kingdom of God) living inside my spirit around the clock. I claim and receive my freedom from all bondage and lack through the blood of Jesus with the name of Jesus. My spirit is perfect (Col. 1:28; Matt. 5:48).
3. I call in and receive God my Father, my healer and deliverer, and by Jesus' stripes I am already healed (2 Cor. 6:16). I have the grace of God (my Father's ability) flowing in and through me around the clock. I apply the cleansing and healing blood of Jesus to every cell of my soul and body with the name of Jesus.
4. I call in and receive Jesus, my healer and deliverer, and by Jesus' stripes I am already healed. I have the grace of Jesus (Jesus' ability) flowing in and through me around the clock. I apply the cleansing and healing blood of Jesus to every cell of my soul and body with the name of Jesus.
5. I call in and receive Holy Spirit, my healer and deliverer, and by Jesus' stripes I am already healed. I have the grace (His ability) of Holy Spirit flowing in and through me around the clock.
6. I call in and receive Holy Spirit, my healer and deliverer, and His resurrecting healing **anointing, power, glory, fire, and DNA** out of my spirit into every cell of my soul and body. I have the grace of the Holy Spirit (His ability) flowing in and through me around the clock bringing in new soul and body parts every day. I apply the cleansing and healing blood of Jesus to every cell of my soul and body in Jesus' name.
7. I call in and receive the Word of God, my healer and deliverer, and by its power and anointing I am already healed. I have the grace of the Word of God (its ability) flowing in and through me around the clock. I apply the cleansing and healing blood of Jesus to every cell of my soul and body with the name of Jesus.
8. I call in and receive the Kingdom of God (all four), my healer and deliverer, and by Jesus' stripes I am already healed out of my spirit into every subatomic particle of every atom and cell, every organ and gland, every tissue and system of my soul and body. The blood of Jesus has washed and cleansed me from all sickness and bondage and has set me free in Jesus' name.

CONFSSION #3

The Bible says that we are already healed because Jesus healed us 2,000 years ago when they put those 39 stripes on His back before they crucified Him. If you're believing God for healing, you're never going to receive it. You have to believe that you're already healed, because believing puts healing in the future, and we can never catch up to the future. We have to believe it has already been done. Our heart is our believer, but our mouth is our receiver. We need to call in, activate, and receive our healing with a continual confession that lines up with the Word of God. Keep calling in your healing day and night until you are healed.

This is a complete confession for healing

I open my heart and call in and receive God my Father, my healer and deliverer, out of my spirit and by Jesus' stripes I am already healed. I open my heart and call in and receive Jesus, my healer and deliverer, out of my spirit and by Jesus' stripes I am already healed. I open my heart and call in and receive Holy Spirit, my healer and deliverer, out of my spirit and by Jesus' stripes I am already healed. I open my heart and call in and receive Holy Spirit, my healer and deliverer, out of my spirit and His resurrecting healing anointing, power, glory, fire, and DNA that raised Jesus from the dead into every cell of my soul and body. I open my heart and call in and receive the Word of God, my healer and deliverer, out of my spirit and by Jesus' stripes I am already healed. I open my heart and call in and receive the Kingdom of God (all four) out of my spirit, out of my spirit, out of my spirit, out of my spirit, and out of my spirit into every subatomic particle of every atom and cell, every organ and gland, every tissue and system of my soul and body. From the top of my head to the tips of my toes, and from the top of my head to the tips of my fingers. And from my bone marrow cells and my bones to my skin cells and my skin, and everything in between. They have healed me, delivered me and set me free, and put everything in my soul and body into perfect working order in the name of Jesus. From top to bottom in Jesus' name. From top to bottom in Jesus' name. Memorize this confession so you can release faith on it anytime day or night.

Prayer of Binding and Loosing

My spirit is born again and saved through the blood of Jesus. I bind, cast out, refuse, and reject all sickness, disease, weakness, bondage, lack, stress, pain, excess inflammation, cancer cells, toxic cells, malfunctions, anxiety, fear, worry, _____, and anything else that would steal, kill or destroy my soul and body in Jesus' name (Phil. 2:9-10; John 10:10).

1. I open my heart and call in and receive the Kingdom of God (all four) out of my spirit, out of my spirit into my brain cells and brain. Into my brain cells and brain. Into my brain cells and brain. Into the lining of my brain. Into the lining of my brain. Into my brainstem cells, regular stem cells, and all six compartments of my brain. I have a new brain that is chemically balanced, working perfect, with the mind of Christ and an outstanding memory in Jesus' name. I have a new brain without scar tissue, weakness, malfunctions, sickness, and pain in Jesus' name. I have a new brain from top to bottom in Jesus' name. From top to bottom in Jesus' name. It is a fact that I am already healed.
2. I open my heart and call in and receive the Kingdom of God out of my spirit into the discs, vertebrae, tendons, ligaments, nerves, and muscles in my neck and back. I call in proper spacing between each of them and I command all of them to go into perfect alignment from the base of my skull to the tip of my spine and stay there, and be healed in Jesus' name. I command my legs to come out even in Jesus' name.
3. I open my heart and call in and receive the Kingdom of God out of my spirit into my eye cells and eyes. I receive new irises, pupils, lenses, retinas, macula, and optic nerves in Jesus' name. I receive new eye canals and new microconidia power plants in every cell of my eyes. I bind the spirit of cataracts and I command them to dissolve and come off and out of my eyes in Jesus' name. I command the blood, oxygen and nutrition to flow normally to each of my eyes. I call in brand new eyes with 20/20 vision and perfect eyesight in Jesus' name. I call in new eyes with new lining from top to bottom in Jesus' name.
4. I open my heart and call in and receive the Kingdom of God out of my spirit, out of my spirit, into my ear cells and ears. Into my ear cells and ears. Into my ear cells and ears. Into the lining of my ears. Into the lining of my ears. Into the lining of my ears. I call in a new inner ear and outer ear, new ear canals, hair

follicles, ear drums, and new audio nerves. I bind the spirit of ringing in my ears and brain and I command them to come out of me in Jesus' name. I call in new ears with perfect hearing in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.

5. I open my heart and call in and receive the Kingdom of God out of my spirit into my **sinus cells** and my sinuses. Into my sinus cells and my sinuses. Into my sinus cells and my sinuses. I call in a new lining in my sinuses, I call in a new lining in my sinuses. I call in a new lining in my sinuses. My sinuses are working perfect in Jesus' name. From the top to the bottom in Jesus' name. From the top to the bottom in Jesus' name. There is no inflammation in my sinuses and they are healed and working perfect in Jesus' name.
6. I open my heart and call in and receive the Kingdom of God out of my spirit into my **throat cells** and my throat. Into my throat cells and my throat. Into my throat cells and my throat. Into the lining of my throat. Into the lining of my throat. Into the lining of my throat. My throat is healed from top to bottom in Jesus' name. From top to bottom in Jesus' name. My throat is working perfect in Jesus' name.
7. I open my heart and call in and receive the Kingdom of God out of my spirit into my **esophagus cells** and **my esophagus**. Into my esophagus cells and my esophagus. Into my esophagus cells and my esophagus. Into the lining of my esophagus. Into the lining of my esophagus. Into the lining of my esophagus. My esophagus is healed from top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name. My esophagus is healed, whole and healthy in Jesus' name.
8. I open my heart and call in and receive the Kingdom of God out of my spirit into my **teeth cells** and teeth. Into my teeth cells and teeth. Into my teeth cells and teeth. Into the lining of my teeth. Into the lining of my teeth. Into my root canal cells and my root canals. Into my root canal cells and my root canals. Into the lining of my root canals. Into the lining of my root canals. From top to bottom in Jesus' name. From top to bottom in Jesus' name. Into my gum cells and gums. Into my gum cells and gums. Into the lining of my gums. Into the lining of my gums. From top to bottom in Jesus' name. From top to bottom in Jesus' name. My teeth are free from all cavities, cracks, malfunctions, and weakness in Jesus' name.
9. I open my heart and call in and receive the Kingdom of God into my **colon cells** and colon. Into my colon cells and colon. Into my colon cells and colon. Into the lining of my colon. Into the lining of my colon. Into the lining of my colon. From top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name. My colon is chemically balanced and healed in Jesus' name.
10. I open my heart and call in and receive the Kingdom of God out of my spirit into my **stomach cells** and stomach. Into my stomach cells and stomach. Into my stomach cells and stomach. Into the lining of my stomach. Into the lining of my stomach. Into the lining of my stomach. From top to bottom in Jesus' name. From top to bottom in Jesus' name. I call the Kingdom of God into my large and small intestinal cells. Into my large and small intestinal cells. Into the lining of my large and small intestinal. Into the lining of my large and small intestinal. From top to bottom in Jesus' name. From top to bottom in Jesus' name. My stomach is working perfect in Jesus' name.
11. I open my heart and call in and receive the Kingdom of God out of my spirit into my **liver cells** and liver. Into my liver cells and liver. Into my liver cells and liver. Into the lining of my liver. Into the lining of my liver. Into the lining of my liver. My liver is working perfect from top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
12. I open my heart and call in and receive the Kingdom of God out of my spirit into my **kidney cells** and kidneys. Into my kidney cells and kidneys. Into my kidney cells and kidneys. Into the lining of my kidneys. Into the lining of my kidneys. Into the lining of my kidneys. From top to bottom in Jesus' name. From top to bottom in Jesus' name. My kidneys are healed, healthy and working perfectly in Jesus' name.
13. I open my heart and call in and receive the Kingdom of God out of my spirit into my **urinary cells** and urinary tract. Into my urinary cells and urinary tract. Into my urinary cells and urinary tract. Into the lining of my urinary tract. Into the lining of my urinary tract. Into the lining of my urinary tract. There is no infection in my urinary tract in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name. My urinary tract is working perfect in the name of Jesus.

14. I open my heart and call in and receive the Kingdom of God out of my spirit into my **prostate cells** and **prostate gland**. Into my prostate cells and prostate gland. Into my prostate cells and prostate gland. Into the lining of my prostate gland. Into the lining of my prostate gland. Into the lining of my prostate gland. From top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
15. I open my heart and call in and receive the Kingdom of God out of my spirit into my **groin cells** and groin. Into my groin cells and groin. Into my groin cells and groin. Into the lining of my groin. Into the lining of my groin. Into the lining of my groin. My groin is healed from top to bottom in Jesus' name. From top to bottom in Jesus' name.
16. I open my heart and call in and receive the Kingdom of God out of my spirit into my **rectum cells** and rectum. Into my rectum cells and rectum. Into my rectum cells and rectum. Into the lining of my rectum. Into the lining of my rectum. Into the lining of my rectum. My rectum is healed from top to bottom in Jesus' name. From top to bottom in Jesus' name.
17. I open my heart and call in and receive the Kingdom of God out of my spirit into all 26 bones in each of my **feet**. I command all 26 bones in each of my feet to rotate into a perfect alignment and stay there, and all of my toes to come out straight and even in the name of Jesus. Everything in my **legs** and feet are working in perfect alignment and every cell is working perfect in Jesus' name. I will walk safely and my feet shall not stumble (Prov. 3:23). My legs and feet are strong and not weak, healed and not sick in Jesus' name. I command my feet to come out even in Jesus' name. My soul and body is perfectly balanced in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
18. I open my heart and call in and receive the Kingdom of God out of my spirit into my **knee cells** and knees (including all tendons, ligaments, cartilages, muscles, and bones). Into my knee cells and knees. Into my knee cells and knees. Into the lining of my knees. Into the lining of my knees. I call in creative miracles, healings, and new parts into both of my knees. My knees are completely healed from top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
19. I open my heart and call in and receive the Kingdom of God out of my spirit into my **back cells** and back. For lower back problems, grow out the legs. For pain in the middle back, grow out the arms. For upper back pain, command the neck to come into proper alignment. Command the pelvis to rotate into a perfect position and for the spine to line up perfectly. I command the discs, vertebrae, tendons, ligaments, nerves, and muscles to be healed and go into perfect alignment in Jesus' name. Be specific when possible. Speak a new disc or vertebrae into the back, if necessary. Do any or all of these as needed and repeat, if necessary. Get my book titled, *Your Only Problem is How to Receive Your Healing*, a description of how to heal backs is included.
20. I open my heart and call in and receive the Kingdom of God out of my spirit into my (endocrine [en'de krin] glands) **glandular cells** and glands. Into my glandular cells and glands. Into my glandular cells and glands. Into my hypothalamus, pineal, pituitary, thyroid, parathyroid, thymus, spleen, adrenal, pancreas, saliva, and all glands. I command my glands not to be overactive or underactive but to produce the proper amount of hormones, and to be chemically balanced in Jesus' name. I call in a new lining in all my glands. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
21. I bind the spirit of **stroke** and its root, seed, spirit, and cause, and I command them to come out of my brain, arteries, vessels, veins, capillaries, soul, and body in Jesus' name. Spirit of stroke, come out of me in Jesus' name! Spirit of stroke, come out of me in Jesus' name! I call my healing and deliverance in from the top of my head to the tips of my toes, and from the top of my head to the tips of my fingers. I call the life and light of the Kingdom of God into every cell of my soul and body. My soul and body is strong and not weak, healed and not sick in Jesus' name. All symptoms are gone from my soul and body in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name. It is a fact that I am already healed in Jesus' name. Thank you Jesus for healing me and setting me free. I have it now!
22. I open my heart and call in and receive the Kingdom of God out of my spirit into my **immune cells** and immune system. I bind all toxins, candida, yeast, fungus, mercury, mold, metals, and any foreign substances that might be in my soul and body, and I command them to come out of me in Jesus' name. I command my first immune system and my second immune system to remove anything in my soul and

body that did not come from God my Father in Jesus' name. My immune systems are chemically balanced and they recognize all sickness, disease, toxins, and they remove them continually.

23. I open my heart and call in and receive the Kingdom of God out of my spirit into my **immune cells** and my immune system, and my second immune system. I call the Kingdom of God into both of my immune systems. I call the Kingdom of God into both of my immune systems. My WBC, T-cells, B-cells are working perfect, and my immune systems are removing all foreign bodies, sickness, disease, parasites, etc. from my soul and body around the clock. My immune systems are healed from top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
24. I open my heart and call in and receive the Kingdom of God out of my spirit into my **lung cells** and my lungs, and my respiratory cells and my respiratory system. Into my lung cells and my lungs, and my respiratory cells and my respiratory system. I call in a new lining in my lungs and respiratory system. I call in a new lining in my lungs and respiratory system. From top to bottom in Jesus' name. From top to bottom in Jesus' name. From side-to-side in Jesus' name. From side-to-side in Jesus' name. From side-to-side in Jesus' name. My lungs are strong and not weak in Jesus' name.
25. I open my heart and call in and receive the Kingdom of God out of my spirit into my **cardiovascular cells** and cardiovascular system (heart and bloodstream). Into my cardiovascular cells and cardiovascular system. Into my cardiovascular cells and cardiovascular system. Into the lining of my cardiovascular system. Into the lining of my cardiovascular system. My cardiovascular system is healed from top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
26. I open my heart and call in and receive the Kingdom of God out of my spirit into my **heart cells** and heart. Into my heart cells and my heart. Into my heart cells and my heart. Into the lining of my heart. Into the lining of my heart. Into the lining of my heart. From top to bottom in Jesus' name. From top to bottom in Jesus' name. I call everything in my heart into perfect alignment in Jesus' name. I have a new heart with a perfect heartbeat in Jesus' name.
27. I open my heart and call in and receive the Kingdom of God out of my spirit, and by Jesus' stripes I am already healed into my **heart cells** and heart. Into my heart valves, heart chambers, heart tissues, and heartbeat in Jesus' name. I have a perfect heartbeat and my heart beats with the rhythm of life. The blood, oxygen, and nutrition flows into every cell in my soul and body restoring life and health around the clock. My blood pressure is 125/80 _____ and my arteries, vessels, veins, and capillaries are open, clean, clear, healthy, healed, and elastic with perfect lining in each one. They are carrying my blood and the life and light of God throughout my soul and body from top to bottom in Jesus' name. I have a new heart that is strong and not weak, healed and not sick, and every heartbeat carries the life, light and healing of the Kingdom of God into every cell of my soul and body. I have a strong heart. I have a strong heart. Every heartbeat floods my soul and body with healing, wholeness and health, and cleanses me from all disease and pain. I call in new autonomic, vagus and enteric nerves into my heart, soul and body in Jesus' name. Any and all blockage, weakness, plaque, and malfunctions are gone from my heart in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
28. I open my heart and call in and receive the Kingdom of God out of my spirit into my **nerve cells** and my nervous system. I call in new autonomic nerves (involuntary nervous system), somatic nerves (voluntary nervous system), enteric nerves (stomach nerves), and peripheral nervous system (arms, hands, legs, and feet), audio nerves (ears), cranial nerves (they assist with blinking, breathing, swallowing, taste, smell, facial muscles, TMJ, vision, and nose breathing), and vagus nerves. I call in a new central nervous system with new myelin around all my nerves from the top of my head to the tip of my toes and from the top of my head to the tip of my fingers in Jesus' name. I call in a new myelin lining around all my nerves. I call in a new myelin lining around all my nerves. I call in a new myelin lining around all my nerves and they are working perfect in Jesus' name. My nerves are working perfect from top to bottom in Jesus' name. From top to bottom in Jesus' name. I call the love and peace of Jesus into my nerve cells.
29. I open my heart and call in and receive the Kingdom of God out of my spirit into any **headache**, migraine, and _____, that Satan might try to put on me. I bind the spirit of pain and command it to come out and not return in Jesus' name. I bind the spirit of pain and command it to come out and not

return in Jesus' name (Is. 53:4). Keep releasing faith this way until all the pain is gone. I call healing into every cell of my brain in Jesus' name. I call healing into every cell of my brain in Jesus' name. I command the blood, oxygen and nutrition to flow into every cell of my brain, soul and body in Jesus' name. My soul and body are chemically balanced in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name. I command my blood to come into proper pH balance in Jesus' name. It is a biblical fact that I am already healed in Jesus' name.

30. I open my heart and call in and receive the Kingdom of God out of my spirit into my **rotator cuff** cells and rotator cuff. I command all pain to come out and full mobility to be restored in Jesus' name. Keep speaking to your rotator cuff until all pain is gone. I command the tendons, ligaments, muscles, and nerves to strengthen and go back to their normal length and strength in Jesus' name. I command the rotator cuff socket to be well lubricated and the cartilage to be restored with no inflammation in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name.
31. I open my heart and call in and receive the Kingdom of God out of my spirit into my **breast cells** and my breasts. I bind any lumps, tumors or malfunctions in my breasts and command them to come out and never return in Jesus' name. I bind the seed, root, spirit, and cause of any cancer cells, malignant cells, and cancer in my breasts, and I command them to come out and never return in Jesus' name. I bind the spirit of infirmity, sickness, disease, and any weakness, and command them to come out in Jesus' name. I call in God my Father, Jesus, Holy Spirit, the Word of God, and the Kingdom of God into every cell of my breasts and soul and body in Jesus' name. I call in a new lining into my breasts in Jesus' name. I call in a new lining into my breasts in Jesus' name. I call in a new lining into my breasts in Jesus' name. All irregular cells are gone in Jesus' name. From top to bottom in Jesus' name.
32. I open my heart and call in and receive the Kingdom of God out of my spirit into every **cancer cell** and any cancer in my soul and body. I bind the seed, root, spirit, and cause of every cancer cell, and cancer _____, _____, _____, (name them) in my soul and body, and I command them to die and come out of my soul and body and never return in Jesus' name. I bind every toxic cell, malignant cell, rebellious cell, and cancer cell, and command them to come out, come out, come out of my soul and body in Jesus' name and never return. I call in a new strong immune system with an abundance of "killer" cells that have removed all sickness and disease from my soul and body in Jesus' name. I command every electrical, chemical, and magnetic frequency in every cell to be strong, balanced and in harmony in Jesus' name. I call healing into any and all damaged tissues and organs, and normal function to be restored in Jesus' name. From top to bottom in Jesus' name. I refuse to have any cancer cells in my soul and body in the name of Jesus. I remove all malignant cells from my soul and body with the name of Jesus.
33. I open my heart and call in and receive the Kingdom of God out of my spirit into any and every **Multiple Sclerosis** (MS) cell and any Multiple Sclerosis in my soul and body. I bind the seed, root, spirit, and cause of any Multiple Sclerosis in my soul and body and command it to come out in Jesus' name. I remove all scar tissue from my brain, soul and body with Jesus' name. I call in new autonomic nerves, somatic nerves, vagus nerves, enteric nerves, peripheral nerves, and audio nerves, and I command all my nerves to operate perfectly in Jesus' name. I call in a new central nervous system with perfect myelin around all my nerves. I remove all scar tissue from my nervous system with Jesus' name. I call in the proper voltage, frequency and vibration into every nerve cell in my nervous system and soul and body, and I command them to be in harmony and balance in Jesus' name. Every system in my soul and body is chemically balanced and working perfectly in Jesus' name. By Jesus' stripes I am already healed in Jesus' name. From the top of my head to the tips of my toes in Jesus' name. From top to bottom in Jesus' name. Thank you Jesus for healing me.
34. I open my heart and call in and receive the Kingdom of God out of my spirit into the spirit of every **autism cell** and any autism in _____'s soul and body. I bind all toxins, bad vaccines, metals, sickness, diseases, and malfunctions in _____'s soul and body, and I command them to come out in Jesus' name. I call _____'s soul and body into a chemically balanced condition with everything working in a perfect working order in Jesus' name. I call in a new brain and a total restoration of _____'s nervous system in Jesus' name. I call everything that the devil has stolen from _____ back seven-fold in Jesus' name.

I call in new parts in every system in _____'s soul and body in Jesus' name. I call in creative and healed soul and body parts in _____'s soul and body in Jesus' name.

35. I open my heart and call in and receive the Kingdom of God out of my spirit into the **carpal tunnels** in each of my wrists. I command the tissues, tendons, ligaments, and nerves in my wrists to be healed and relaxed in Jesus' name. I command the "tunnels" to open up and any pressure on the nerves to come out and not return in Jesus' name. I command normal circulation and strength and all numbness and tingling to leave, and the wrists to be healed and to function normally in Jesus' name. The Kingdom of God lives in my wrists around the clock in Jesus' name. My wrists are healed from top to bottom in Jesus' name. My wrists are healed from top to bottom in Jesus' name. Pain come out in Jesus' name.
36. I open my heart and call in and receive the Kingdom of God out of my spirit into the **Down syndrome** in _____'s soul and body. I bind the extra 21st chromosome and the seed, root, spirit, and cause in _____'s soul and body and command it to **come out** in Jesus' name. I call _____'s soul and body into a chemically balanced condition while working in harmony, peace, strength, and the love of God in Jesus' name. I call in the correct number of chromosomes and I command the soul and body to be healed and function normally in Jesus' name. I command _____'s facial features to be normal and _____'s soul and body to work perfectly in Jesus' name. I bind the spirit of inheritance and command it to come out of _____'s soul and body in Jesus' name. I call in the spirit of healing (by Jesus' stripes _____ is already healed) into every cell of _____'s soul and body in Jesus' name. Everything the devil has stolen from _____, I call healing and restoration back seven-fold in Jesus' name. I call in long life, healing and health into _____'s in Jesus' name. Pray in the spirit some for _____'s healing every day in Jesus' name.
37. I open my heart and call in and receive the Kingdom of God out of my spirit into the spirit of **HIV/AIDS** cells and HIV/AIDS in my soul and body. I bind the spirit, root, seed, cause, and virus of any and all HIV/AIDS in my soul and body, and I command them to **die** and come out of my soul and body and never return in Jesus' name. I bind any co-infections associated with HIV/AIDS or any diseases, viruses, bacteria, parasites, yeast, cancers, and all infections, and command them to come out of my soul and body and not return in Jesus' name. I call in a new immune system that has removed all HIV/AIDS from my soul and body along with all sickness and diseases in Jesus' name. I no longer have HIV/AIDS living in my soul and body in Jesus' name. God my Father, Jesus, Holy Spirit, and the Word of God live in every cell and system in my soul and body in Jesus' name. From top to bottom in Jesus' name. I refuse and reject all sickness and disease from my soul and body in Jesus' name. I am healed in Jesus' name.
38. I open my heart and call in and receive the Kingdom of God out of my spirit into the spirit of **canker** sores in Jesus' name. I bind the infection and virus and command them to come out and never return in Jesus' name. I command all pain and discomfort to come out, and all affected tissues to be healed and function normally in Jesus' name. Take from 2 to 3 500 mg capsules of L-Lysine every day until it is gone.
39. I open my heart and call in and receive the Kingdom of God out of my spirit into any **gout** cells and gout in my soul and body. I command all uric acid crystal deposits in my soul and body to dissolve, and the tissues and all bones to be healed in Jesus' name. I command my body to produce the normal amount of uric acid, and to be chemically balanced in Jesus' name. Spirit of pain come out of my _____ in Jesus' name. By Jesus' stripes I am already healed, from top to bottom in Jesus' name.
40. I open my heart and call in and receive the Kingdom of God out of my spirit into my **liver cells** and my liver. I command any **hepatitis C** cells and its virus to come out of my liver and never return in Jesus' name. I bind the spirit, root, seed, cause, and the virus of hepatitis C, and I command you to come out of my liver and never return in Jesus' name. I call in a new liver that is working perfect and the electrical, chemical and magnetic voltage and frequencies in my liver are in harmony and balanced in Jesus' name. I repent of anything that I have done to cause my liver to be damaged and I will discontinue doing them in the name of Jesus. I have a new liver in Jesus' name. My liver is healed from top to bottom in Jesus' name. From top to bottom in Jesus' name.
41. I open my heart and call in and receive the Kingdom of God out of my spirit into my **pancreatic cells** and my pancreas (**diabetes**). I bind the **spirit**, root, seed, and cause of this diabetes and command it to come out of my pancreas and soul and body and never return in Jesus' name. I command my pancreas to

produce the proper amount of insulin to keep my sugar (glucose) level normal in my bloodstream and body in Jesus' name. I call in a new pancreas (if needed) into my body that will produce enough insulin to control and use blood sugar (glucose) normally. I command my A1C to be between 4.8 and 5.6 (normal range) because 5.7 to 6.4 is prediabetes, and to stay in the normal range in Jesus' name. I command all receptors on my cells to be healed in Jesus' name. My sugar (glucose) level is below 125 (your no. ____) in Jesus' name. I command all damaged soul and body parts to be healed and restored back to normal in Jesus' name. I am healed from diabetes in Jesus' name. From top to bottom in Jesus' name.

42. I open my heart and call in and receive the Kingdom of God out of my spirit into my brain cells (epilepsy) and my brain. I command the spirit of epilepsy and abnormal electrical discharges through the nerves in my brain to come out in Jesus' name. I bind the spirit of inheritance, scar tissue, and anything that would cause my brain to malfunction to come out of me and never return in Jesus' name. I command the electrical, chemical and magnetic frequencies to be in harmony, balanced and work perfectly in Jesus' name. I call in new brain tissues, cells, nerves, and compartments in Jesus' name. I have a new lining in my brain. I have a new lining in my brain. I have a brand new brain that is working perfectly in Jesus' name. My brain is working perfect in Jesus' name. From top to bottom in Jesus' name.
43. I open my heart and call in and receive the Kingdom of God out of my spirit into any arthritic cells and any arthritis in my soul and body. I bind the spirit, seed, root, and cause of any arthritis in my soul and body and command them to come out in Jesus' name and never return. I remove all inflammation, swelling, pain, and malfunction in my joints and soul and body with Jesus' name. Spirit of pain come out of me; spirit of healing come into my _____ in Jesus' name. I command my joints to be healed and operate perfectly in Jesus' name. From top to bottom in Jesus' name.
44. I open my heart and call in and receive the Kingdom of God out of my spirit into any Lyme disease cells and any Lyme disease. I bind the spirit, root, seed, and cause of all Lyme disease and I command it to come out of my soul and body and never return in Jesus' name. I bind all Borrelia Burgdorferi bacteria, parasites, spirochetes, _____, and everything else that is associated with Lyme disease and I command them to die and come out of my soul and body, and not return in Jesus' name. I bind all sickness, disease, inflammation, infection, weakness, and malfunction in my soul and body and command them to come out of my soul and body and never return in Jesus' name. I command my soul and body to be chemically balanced and my metabolism to be normal in Jesus' name. I call Jesus, my healer and deliverer, into every cell of my soul and body, all 100 trillion cells in Jesus' name.

I call the Kingdom of God into my brain cells, nerve cells, eye cells, ear cells, glandular cells, lung cells, heart cells, liver cells, colon cells, bone marrow cells, bone cells, urinary tract cells, muscle cells, skin cells, leg cells, feet cells, immune cells, _____ cells, _____ cells, _____ cells, _____ cells, in Jesus' name. I command my arteries, vessels, veins, and capillaries to be open, clean, clear, healed, and to have normal elasticity in Jesus' name. I remove anything from my bloodstream that would kill, steal or destroy my soul or body in Jesus' name. I command my red, white, and platelet cells, plasma, T-cells, B-cells and natural killer cells to be strong, healthy, normal, and healed in Jesus' name. I command my bloodstream to be healed and healthy while carrying the proper amount of oxygen and nutrition to every cell of my soul and body in Jesus' name. I receive total deliverance, healing, wholeness, and health into every cell of my soul and body in Jesus' name. I have a new lining in all my systems. I have a new lining in all my systems. From top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name. I have the anointing in me to remove every sickness and disease from my soul and body in Jesus' name. I refuse to have Lyme disease in Jesus' name. Thank you Jesus for healing me.

45. **How to Take a Condensed Communion:** You can take communion after breakfast and dinner every day using this condensed Communion outline, or you can take it anytime that it is convenient for you. You can use any bread, cracker or liquid because you are the one that changes them to Jesus' flesh and blood with Jesus' name. This will help to keep sickness and disease away from you and your family. When you speak this confession you are releasing faith into every cell of your soul and body (Matt. 26:26-28; Luke 22:19-20).

Heavenly Father, I take the name of Jesus and change this bread into Jesus' **flesh** and this **juice** into Jesus' blood by **blessing** them and giving **thanks** for them in Jesus' name. I thank you Father that this bread and juice is changed in the spirit realm but not in the natural realm (Matt. 26:26-28).

I open my heart and call in and receive the flesh, blood and DNA of Jesus and the Holy Spirit out of my spirit and into every subatomic particle of every atom and cell, every organ and gland, and every tissue and system in my soul and body in Jesus' name. From the top of my head to the tips of my toes, and from the top of my head to the tips of my fingers. And from my bone marrow cells and my bones to my skin cells and my skin, and everything in between in Jesus' name. They have healed me, delivered me, set me free, and put my soul and body into a perfect working order in Jesus' name.

I call in and receive the flesh, blood and DNA of Jesus and the Holy Spirit out of my spirit into my blood stream around the clock. They are flowing in my arteries, vessels, veins, and capillaries keeping them open, clean, clear, healed, and elastic with perfect lining in each one. From top to bottom in Jesus' name. They are taking proper nutrition and total healing, wholeness, health, and the life and light of Jesus into every cell of my soul and body.

They are removing all toxics and excess inflammation from my soul and body in Jesus' name. The blood is crying redeemed, redeemed, redeemed, and redeemed to match the blood on the Mercy-seat in Heaven (Heb. 9:11-28, 12:24-25). Redeemed from sickness, disease, weakness, bondage, viruses, and anything that would steal, kill or destroy (Jn. 10:10) my soul and body (**now eat the flesh of Jesus**).

The blood has eradicated and washed out all sickness, disease, weakness, and scar tissue from my soul and body in Jesus' name (**now drink the blood of Jesus**). Call in and receive your healing and any promise that you want from the Word of God. Take communion for you and your family, and make sure you name them.

I will walk in divine healing and health until I take communion the next time, and then I will start over again. I call healing in from top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name (Jn. 6:32-63; 1 Cor. 11:23-30).

Confessions:

1. Every disease germ, every sickness, every virus, and any heart and vessel blockage or excess plaque that touches this soul or body dies instantly and is removed in Jesus' name.
2. 1 Peter 2:24 is past tense as-far-as God is concerned, but not yet manifested in your body.
3. The power to call for healing and health anytime sickness or disease is trying to overtake you is by mixing faith with God's Word.
4. God our Father has given us all things that pertain to life (health) and godliness (I Peter 1:3-4).
5. Keep calling for what God has already given you, even though it has not yet manifested.

Go to www.wsmin.org, look under Confessions and Healing Prayers no. 21A and 21B, and this will explain Communion and why it is so important.

46. I open my heart and call in and receive the Kingdom of God out of my spirit into my **skin cells** and my skin (Epithelial/ep-i-the-le-al cells). I bind any moles, warts, spots, scars, malignant cells, dermatitis, acne, hives, ulcers, fungus, skin tags, blemishes, _____, and wrinkles, and I command them to come out and off of my skin in Jesus' name. I call in new skin everywhere on my body. My soul and body are chemically balanced and my metabolism is perfect in Jesus' name. There is no sickness or disease that can live on or in my skin in Jesus' name. I wash my skin with the blood of Jesus in Jesus' name. From top to bottom in Jesus' name. From inside and out in Jesus' name. From top to bottom in Jesus' name.
47. I open my heart and call in and receive the Kingdom of God, my healer and deliverer, out of my spirit into any **Alzheimer's** disease and/or neurological illness in my brain, soul and body in Jesus' name. I bind any mercury, aluminum, copper, amyloid plaques, and other toxins, and I command them to come out of my brain and soul and body in Jesus' name. I command the metallic levels in my blood and brain to return to normal in Jesus' name. I command all nerve pathways and communication between the brain and body to return to normal in Jesus' name. I call in a new brain that is working perfectly in Jesus' name.

I call in a new lining in my brain in Jesus' name. I call in a new lining in my brain in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name. Jesus my healer lives in my brain.

Dr. Glenn S. Rothfeld says that methylation and the production of glutathione are the key to unlocking the mysteries of Alzheimer's. Cerefolin NAC is the name of a powerful brain supplement aimed at helping to prevent Alzheimer's and memory loss. This natural product, **prescription only**, is a natural treatment but your doctor will have to give you a prescription so you can purchase it. You can purchase the following natural ingredients from Swanson Vitamins or other vitamin companies which are B vitamins, NAC, alpha lipoic acid, zinc, and selenium.

48. I put **every cell and every system** in my spirit, soul and body into a perfect working order in Jesus' name. Every day I receive the benefit of my youth being renewed (Ps. 103:5)! Believing is having if your mouth is working properly and in line with the Word of God (Heb. 10:23). As the body of Christ, we need to get beyond believing and get to knowing. I want to get beyond **believing**. I want to **know**. "I know! I know! I know!" It is a fact that I am already healed in Jesus' name.
49. **Drugs, Alcohol and Nicotine Addiction Confession:** I bind the spirit, seed, root, stress, cause, and the motivation behind this drug, alcohol and nicotine problem, and I command them to come out of me in Jesus' name. I command all drugs, alcohol and nicotine bondage to come out of me in Jesus' name. I bind Satan and his drugs, alcohol and nicotine problem, and I command them to come out of me and never return in Jesus' name. I call my soul and body chemically balanced and into a perfect working order in the name of Jesus. I bind any and all overactivity and underactivity in my soul and body and command them to come out of me in Jesus' name. I bind the spirit and the cause of my problem and command it to come out of me and never return in Jesus' name.

I call in and receive new soul and body parts, organs, glands, nerves, cells, tissues, _____, _____, immune systems, respiratory system, and cardiovascular system. I bring my emotions, thoughts, reasoning, motivations, stress, anxieties, and anything that is putting pressure on me in line with the Word of God. I am carefree, worry-free, anxiety-free, and burden-free in Jesus' name. I am a born again Christian and a child of God, and I will not let the devil control my life through drugs, alcohol and nicotine addiction in Jesus' name. I claim my freedom and deliverance in Jesus' name. Jesus has set me free from all drugs, alcohol and nicotine in Jesus' name. Colossians 3:17 tells us, "And whatsoever you do in **word** or **deed**, do all in the name of the Lord Jesus, giving thanks to God the Father through Him (Jesus)." Everything I **say** or **do**, I will do in the name of Jesus. If I can't do something in Jesus' name, I will not do it. From top to bottom in Jesus' name.

50. I open my heart and **call in and receive** Jesus my healer and deliverer, and Holy Spirit my healer and deliverer, and by Jesus' stripes I am already healed, out of my spirit into every cell and tissue in my soul and body in Jesus' name. Come in Jesus my healer and deliverer! Come in Jesus my healer and deliverer! Come in Jesus my healer and deliverer! Come in Holy Spirit my healer and deliverer! Come in Holy Spirit my healer and deliverer! Jesus and Holy Spirit are living in me in Jesus' name. From top to bottom in Jesus' name.
51. If the sickness or disease tries to come back on you the **second time**, after you have already received your healing, stop and begin to rebuke the symptoms and the cause of them with the name of Jesus. If you feel like your faith has gotten weak, go back to your testimony and get the verses that you used to receive your healing the first time. Meditate on these promises (verses) until you build faith back into your heart. Then keep rebuking the symptoms, sickness and disease, and keep calling healing into your soul and body until all sickness is gone and you are completely healed no matter how long it takes. If you received your healing from someone else's faith the first time, you will need to get chapter and verse for your healing and meditate and confess them until they form a picture on the inside of you and become a part of your heart. Then rebuke the symptoms and call healing in until you are healed. Remember, your heart is your believer, but your mouth is your receiver.
52. **How to Knock Out Digestive Problems** The root cause of digestion problems is one or more of the following: 1. Food sensitivities. 2. Low stomach acid and/or low digestive enzymes. 3. Infection. 4. Yeast overgrowth. Too little stomach acid and stomach enzymes cause far more problems than too much

stomach acid. Drugs like Donatol, Nexium, Mylanta, or Kaopectate are designed to cover up the symptoms but they don't fix the problem.

I bind the spirit of bloating, acid reflux, gas, heartburn, or pain and command them to come out of my stomach and not return in Jesus' name. I call in the Kingdom of God, my healer and deliverer, into every cell and tissue in my colon, stomach and digestion system in the name of Jesus. I call in the love and peace of Jesus into my stomach. My stomach is working perfect in Jesus' name.

I have an outline on things that you can do naturally to get your stomach healed by Dr. Frank Shallenberger, MD. Give me a call or send me an email and I will get this information to you.

53. **Make up your own confession** For example if you have a problem in the area of gluttony or not walking in love, gather verses related to those things and turn them into confessions.