

TAKING COMMUNION

You can take Communion after breakfast and dinner every day using this condensed Communion outline, or you can take it anytime that it is convenient for you. You can use any bread, cracker or liquid because you are the one that changes them to Jesus' flesh and blood with Jesus' name. This will help keep sickness and disease away from you and your family. When you speak this confession you are releasing faith into every cell of your soul and body (Matt. 26:26-28; Luke 22:19-20).

How to Take a Condensed Communion: Heavenly Father, I take the name of Jesus and change this bread into Jesus' flesh and this juice into Jesus' blood by **blessing** them and giving **thanks** for them in Jesus' name. I thank you Father that this bread and juice is changed in the spirit realm but not in the natural realm (Matt. 26:26-28).

I open my heart and call in and receive the flesh, blood and DNA of Jesus and the Holy Spirit out of my spirit and into every subatomic particle of every atom and cell, every organ and gland, and every tissue and system in my soul and body in Jesus' name. From the top of my head to the tips of my toes, and from the top of my head to the tips of my fingers. And from my bone marrow cells and bones to my skin cells and my skin, and everything in between in Jesus' name. They have healed me, delivered me, set me free, and put my soul and body into a perfect working order in Jesus' name.

I call in and receive the flesh, blood and DNA of Jesus and the Holy Spirit out of my spirit into my bloodstream around the clock. They are flowing in my arteries, vessels, veins, and capillaries keeping them open, clean, clear, healed, and elastic with perfect lining in each one. From top to bottom in Jesus' name. The flesh, blood and DNA of Jesus and the Holy Spirit are taking proper nutrition and total healing, wholeness, health, and the life and light of Jesus into every cell of my soul and body.

They are removing all toxins and excess inflammation from my soul and body in Jesus' name. The blood is crying redeemed, redeemed, redeemed, and redeemed to match the blood on the Mercy-seat in Heaven (Heb. 9:11-28; 12:24-25). Redeemed from sickness, disease, weakness, viruses, bondage, and anything that would steal, kill or destroy (Jn. 10:10) my soul and body (**now eat the flesh of Jesus**).

The blood has eradicated and washed out all sickness, disease, weakness, and scar tissue from my soul and body in Jesus' name (**now drink the blood of Jesus**). Call in and receive your healing and any promise that you want from the Word of God. Take Communion for you and your family, and make sure you name them.

I will walk in divine healing and health until I take Communion the next time, and then I will start over again. I call healing in from top to bottom in Jesus' name. From top to bottom in Jesus' name. From top to bottom in Jesus' name (Jn. 6:32-63; 1 Cor. 11:23-30).

Confessions

1. Every disease germ, every sickness, every virus, and any heart and vessel blockage or excess plaque that touches this soul or body dies instantly and is removed in Jesus' name.
2. I Peter 2:24 is past tense as far as God is concerned, but not yet manifested in your body.
3. The power to call for healing and health anytime sickness or disease is trying to overtake you is by mixing faith with God's Word.
4. God our Father has given us all things that pertain to life (health) and godliness (I Peter 1:3-4).
5. Keep calling for what God has already given you, even though it has not yet manifested.

Go to www.wsmin.org, look under Confessions and Healing Prayers no. 21A and 21B, and this will explain Communion and why it is so important.