

Word and Faith Confessions to Activate the Kingdom of God that Lives on the Inside of You. God's Thoughts and Promises for Us.

Table of Contents

1. Spirit-Soul-Body	2
A. Spirit	
B. Soul	
C. Body	
2. Where is Your Heart	3
3. What is Sealed in Your Spirit	3
4. God Lives in Me & I Live in Him	4
5. Jesus Lives in Me & I Live in Him	4
6. Holy Spirit Lives in Me	5
7. The Word of God Lives in Me	5
8. Spiritual Mind/Spiritual Soul	6
9. Carnal Mind/Physical Soul	7
10. I Live in Jesus	7
11. The Kingdom of God Lives in Me	9
12. I Live in the Kingdom of God	10
13. Sixteen Confessions to Activate the Kingdom of God	10
14. Eleven Guidelines for Receiving Your Healing	11
15. Why and How the Kingdom of God Lives in You—Dividing Between the Soul, Spirit and Body	12
16. The Tabernacle—Where Does God Live Today	14
17. Praying and Confessing Without Ceasing—68 Confessions	15
18. Spending Time Each Day Before the Throne of God [Heb. 4:12-16]	19

Word and Faith Confessions to Activate the Kingdom of God that Lives on the Inside of You

These 72 **FAITH CONFESSIONS** that follow will be explaining our spirit, soul, body, and heart. These confessions will show you how the Kingdom of God is sealed in our spirits. Also, confessing them will help you learn how to pull the promises out of your spirit into your soul and body. We have to activate what we have in our spirits with our confessions to bring the promises that we need into manifestation in our souls and bodies where they are needed. If you want more information on how to receive and activate the promises out of your spirit into your soul and body see my book titled, "Your Only Problem is How to Receive Your Healing." The book goes into further detail on this subject.

According to the Word of God, God your Father, Jesus, Holy Spirit, the Word of God, and the Kingdom of God live **in you** and you live **in them**. **ABOVE ALL, whatever things you ask for when you pray or confess from the Word, believe that you have already received them and you shall have them [Matthews 21:22; Mark 11:23-24, Hebrews 10:23].**

1. **Spirit, Soul and Body:** I Thessalonians 5:23 says, "And the very God of peace sanctify you wholly, and I pray God your whole **spirit** and **soul** and **body** be preserved blameless unto the coming of our Lord Jesus Christ."
Confession: I am a spirit, I have a soul, and I live in a body. I am a spirit, my spirit has a soul and I live in a body. If you are born again, when you die you go to Heaven. If you are not born again when you die, you will go to hell. Your spirit and soul travel together. Wherever your spirit goes your soul automatically goes along with your spirit. Your soul and body are not born again. In order to live a victorious Christian life you need to learn how to control your soul and body with the Word of God, the name of Jesus, the Holy Spirit, and the Kingdom of God (Romans 12:1-2).
2. **Spirit:** John 3:3 says, "Except a man be **born again**, he cannot see the kingdom of God."
Confession: I am born again and on my way to Heaven in the name of Jesus. The Kingdom of God is **sealed** in my spirit by the Holy Spirit (Ephesians 1:13, 4:30; II Corinthians 1:22; Luke 17:21). My spirit is **perfect** (Colossians 1:28; Matthew 5:48).
3. **Spirit:** John 6:63 says, "The words that I [Jesus] speak unto you, they are spirit, and they are life."
Confession: Jesus and the Word of God came out of the spirit realm and my healing comes out of the spirit realm. I call in complete healing in my _____ in the name of Jesus.
4. **Spirit:** Confess with your mouth and believe with your heart that God raised Jesus from the dead, you shall be saved. For whosoever shall call upon the name of the Lord Jesus shall be saved (Romans 10:9-10, 13).
Confession: The word saved is *sozo* in the Greek which means "saved, healed, made whole, delivered, and preserved." The same day Jesus was crucified I was healed of all sickness and disease when they put those stripes on Jesus' back. By Jesus' stripes I am already healed in the name of Jesus (I Peter 2:24).
5. **Soul:** Our soul consists of our thoughts, mind, intellect, will, and emotions. Romans 12:2 says, "And be not conformed to this world: but be ye transformed by the renewing of your mind [**soul**], that ye may prove what is that good, and acceptable, and perfect, will of God."
Confession: I renew my mind daily with the Word of God and by Jesus' stripes I am already healed. I meditate upon the healing promises continually.
6. **Soul:** Ephesians 4:23 says, "And be renewed in the spirit of your mind [**soul**]."
Confession: I memorize healing promises every day. Himself [Jesus] took my infirmities and bore my sickness; therefore, I don't have to be sick. I refuse sickness in the name of Jesus.
7. **Soul:** II Timothy 2:15 says, "Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth."

- Confession:** I need to study, read, meditate, memorize, and confess the Word of God until it becomes a part of my thinking, reasoning, and motivations.
8. **Body:** Romans 12:1 says, "I beseech you therefore, brethren, by the mercies of God, that ye present your **bodies** a living sacrifice, holy, acceptable unto God, which is your reasonable service [AMP Worship]."
- Confession:** God, my Father, did not put doctors to be in charge of my body to keep it healed. God holds me responsible to keep my soul and body healed. I rebuke all sickness and disease of _____ in the name of Jesus and command it to leave my body and never return in the name of Jesus.
9. **Body:** Romans 6:13 says, "Neither yield ye your members [body] as instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God."
- Confession:** I will not permit sickness and its symptoms to live in my body. I resist and rebuke all sickness, disease, and symptoms of _____, _____, and _____, and command them to leave and never come back in the name of Jesus.
10. **Body:** I Corinthians 6:19-20 says, "What? Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's."
- Confession:** The Kingdom of God lives in my spirit, and my spirit and soul controls my body and makes it function and operate in line with the Word of God. It will not be sick in the name of Jesus. I refuse sickness in the name of Jesus.
11. **Heart:** Every time we hear the Word of God, Satan comes immediately to take away the word that was sown in our **hearts** (Mark 4:15, 17, and 19).
- Confession:** Our hearts consist of our spirit and soul. If we believe with our heart our spirit and soul is in agreement with the Word of God. I am a quick believer and a quick receiver in the name of Jesus. I will not let the devil remove the Word of God from my heart in Jesus' name.
12. **Heart:** In John 14:1 Jesus said, "Let not your **heart** be troubled: ye believe in God, believe also in me [Jesus]."
- Confession:** I refuse to let the devil put trouble in my heart. My heart is peaceful and in agreement with the Word of God in the name of Jesus. I believe with my heart and confess with my mouth in Jesus' name.
13. **Heart:** Philippians 4:7, "And the peace of God, which passeth all understanding, shall keep your **hearts** and minds through Christ Jesus."
- Confession:** I believe the Word with all my heart and confess it with my mouth, and this keeps me from wavering in my faith under all circumstances. I have the peace of God in my heart, soul, mind, and body in the name of Jesus.
14. **Heart:** Hebrews 4:12, "For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the **heart**."
- Confession:** I have the Word of God living in my heart, and this Word is controlling every decision I make every day. I yield my thoughts and emotions to God's Word and He keeps me healed, strong, healthy, and peaceful in the name of Jesus.
15. **Sealed:** Ephesians 1:13, "In whom [Jesus] ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were **sealed** with the Holy Spirit of promise."
- Confession:** When I received Jesus as my Lord and Savior, my spirit was born again and sealed with the Kingdom of God inside of my spirit. That seal will stay on my spirit until I get to heaven.
16. **Sealed:** Ephesians 4:30, "And grieve not the Holy Spirit of God, whereby ye are **sealed** unto the day of redemption."
- Confession:** My spirit is sealed by the Holy Spirit until my redemption is complete. My redemption will be complete when I get to Heaven. All the promises in the Bible are sealed in my

spirit, and I activate and pull them out of my spirit into my soul and body with my confessions and actions in the name of Jesus.

17. **Sealed:** II Corinthians 1:22, "Who [God] hath also **sealed** us, and given the earnest of the Spirit in our hearts."
Confession: I have the earnest (down payment) of the spirit in my heart. Every promise in the Bible belongs to me because of what Jesus did for me on the Cross.
18. **Sealed:** II Timothy 2:19, "Nevertheless the foundation of God standeth sure, having this **seal**, The Lord knoweth them that are his. And, Let every one that nameth the name of Christ depart from iniquity."
Confession: Jesus knows me and He lives in my spirit 24/7.
19. **Sealed:** Luke 17:21, "Neither shall they say, Lo here! Or, lo there! for, behold, **the kingdom of God is within you.**"
Confession: The Kingdom of God lives in my spirit. I am not looking for God somewhere else because He lives in me. Everything I need is inside of my spirit, and I call it out into my soul and body in Jesus' name.
20. **Sealed:** John 6:27, "Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father **sealed.**"
Confession: Jesus' spirit was sealed by the Holy Spirit. Jesus is our example and if my spirit has to be sealed before I can go to Heaven then Jesus' spirit had to be sealed for Him to go to Heaven.
21. **God lives in me and I live in Him:** I John 4:15, "Whosoever shall confess that Jesus is the Son of God, **God dwelleth in him**, and **he in God.**"
Confession: God, my Father, lives in me. He is sealed in my spirit. Note that the last part of this verse says, "I live in God." I agree that God lives in me and I live in Him. My Heavenly Father lives in me 24/7.
22. **God lives in me and I live in Him:** I John 4:12-13, "No man hath seen God at any time. If we love one another, **God dwelleth in us**, and his love is perfected in us. Hereby know we that we dwell **in him**, and **he in us**, because he hath given us of **his Spirit.**"
Confession: God lives in me and His love is being perfected in me. I dwell in God and He lives in me in the name of Jesus.
23. **God lives in me:** II Corinthians 6:16, "And what agreement hath the temple of God with idols? for ye are the temple of the living God; as God hath said, **I will dwell in them**, and **walk in them**; and I will be their God, and they shall be my people [sons & daughters]."
Confession: God lives in me and walks in me. I am a son/daughter of God and an heir of God. Everything God says in His Word belongs to me in the name of Jesus and I take it personally.
24. **God lives in me:** John 17:23, "**I [Jesus] in them [me], and thou [Father] in me [Jesus]**, that they may be made perfect in one; and that the world may know that thou hast sent me, and hast loved them, as thou hast loved me."
Confession: Both God, my Father and Jesus live in me, and because of this I can call my soul and body healed and not sick in the name of Jesus.
25. **God lives in me:** I John 2:24 "Let that therefore abide in you, which ye have heard from the beginning. If that which ye have heard from the beginning shall remain in you [if you have Jesus, you have the Father], ye also shall continue **in the Son**, and **in the Father.**"
Confession: I live in God my Father, and the Lord Jesus. I live in them 24/7. God's Word lives in my heart and supplies all my needs in the name of Jesus. I will not be defeated because the Kingdom of God lives inside of me.
26. **Jesus lives in me and I live in Him:** John 6:56, "He that eateth my [Jesus] flesh, and drinketh my [Jesus] blood, dwelleth **in me [Jesus]**, and I **[Jesus] in him.**"
Confession: I eat Jesus' flesh and drink His blood every time I take communion. Healing is provided through the **flesh** of Jesus and all the New Testament promises are provided through the **blood** of Jesus. When you pray over the elements by blessing and giving thanks for the bread and

juice, they are changed to Jesus' flesh and blood in the spirit realm but not in the natural realm (John 6:63).

27. **Jesus lives in me and I live in Him:** John 15:5, "I [Jesus] am the vine, ye [we] are the branches: He that abideth **in me**, and **I in him [Jesus]**, the same bringeth forth much fruit; for without me ye can do nothing."
Confession: Jesus lives in me and I am producing a lot of fruit (promises) in my life every day. I can do all things through Christ who strengthens me in the name of Jesus.
28. **Jesus lives in me and I live in Him:** John 14:20, 23, "At that day ye shall know that I [Jesus] am in my Father, and **ye in me**, and **I in you**. Jesus answered and said unto him, If a man love me, he will keep my **words**: and my Father will love him, and **we will come unto him**, and make our abode **with him**."
Confession: I live in line with the Word of God and Jesus lives in me. Jesus and my Father live in me and they love me unconditionally.
29. **Jesus lives in me:** Colossians 1:27, "To whom God would make known what is the riches of the glory of this mystery among the Gentiles; which is **Christ in you**, the hope of glory." **Confession:** Jesus lives in me and His healing virtue is flowing in and through me continually. By Jesus' stripes I am **already healed**. God's hope of glory is Christ living in me in this earth.
30. **Jesus lives in me:** Galatians 2:20, "I am crucified with Christ: nevertheless I live; yet not I, but **Christ liveth in me**: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me."
Confession: The life which I now live in the flesh I live by the faith (Word) of the Son of God. Jesus was crucified for me and He lives in my spirit supplying all my needs in the name of Jesus. My _____ is working perfect in the name of Jesus.
31. **Holy Spirit lives in me:** I Corinthians 6:19, "What? Know ye not that your body is the **temple of the Holy Ghost which is in you**, which ye have of God, and ye are not your own?"
Confession: My body is the **Holy of Holies/Most Holy Place** and the temple of the Holy Spirit. I take good care of my body and I make it obey the Word of God. Body, be healed of _____ in Jesus' name.
32. **Holy Spirit lives in me:** Act 1:8, "But ye shall receive **power**, after that the **Holy Ghost is come upon you**."
Confession: I have the power and the anointing of the Holy Spirit sealed in my spirit. The Holy Spirit is quickening my soul and body, and removing all sickness and disease in the name of Jesus. See the picture of the Tabernacle!
33. **Holy Spirit lives in me:** John 14:17, "Even the Spirit [H.S.] of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and **shall be in you**."
Confession: The Holy Spirit is dwelling with me and He lives in me in the name of Jesus. The Holy Spirit teaches me the Word of God and reveals the Kingdom of God to me. He speaks to me all the time.
34. **Holy Spirit lives in me:** Romans 8:11, "But if the Spirit [H.S.] of him [God] that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his **Spirit that dwelleth in you**."
Confession: The Holy Spirit's power that raised Jesus from the dead lives in me. He has quickened my mortal (death doomed) body and healed, delivered and restored every cell to its proper working order in the name of Jesus.
35. **Word lives in me:** I Peter 1:23, "**Being born again**, not of corruptible seed, but of incorruptible, **by the word of God**, which liveth and abideth for ever."
Confession: I was born again by the Word of God, which lives and abides in me forever. The Word has set me free in the name of Jesus.

36. **Word lives in me:** Hebrews 4:12, “For the **word** of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul, and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”
Confession: The Word of God divides my soul and spirit, and works in my joints and marrow to keep me healed. It changes my thoughts and heart and brings me in line with the Word of God.
37. **Word lives in me:** John 1:1, 14, “In the beginning was the Word [Jesus], and the Word was with God, and the Word was God. And the **Word (Jesus) was made flesh**, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father) full of grace and truth.”
Confession: Jesus was the Word that took on flesh. The Word is incorruptible and it is full of grace (God’s ability) and truth. The Word has the anointing in and on it to bring it to pass. The Word lives in my _____ in the name of Jesus.
38. **Word lives in me:** Romans 10:17, “So then faith cometh by hearing, and hearing by the **word of God**.”
Confession: Faith comes by hearing and hearing by the Word of God. I keep the Word of God flowing in and through me daily. I meditate on the promises of God’s Word every day.
39. **Word lives in me:** John 17:14, “**I have given them thy word**; and the world hath hated them, because they are not of the world, even as I am not of the world.”
Confession: God’s Word enables me to live in the Kingdom of God. I love the Word of God. The Word keeps me healed, whole, healthy, and full of the God-kind of love in the name of Jesus.
40. **Word lives in me:** John 8:31-32, “Then said Jesus to those Jews [me] which believed on him, If ye continue in **my word**, then are ye my disciples indeed; And ye shall know the truth, and the truth shall make you free.”
Confession: I continue in the Word [Bible] of God and I am receiving the truth, and the truth from the Word keeps me free in the name of Jesus. I am guided by the Word of God and it keeps me living in the Kingdom of God. The Word of God is full of power and the anointing in the name of Jesus.
41. **I am either Spiritual Minded/Spiritual Soul or Carnally Minded/Physical Soul:** Romans 8:6, “For to be **carnally minded** is death; but to be **spiritually minded** is life and peace.”
Confession: I purpose in my heart to operate with my spiritual mind (in line with the Word of God) the majority of the time. I want the life and peace of Jesus flowing in my life daily in the name of Jesus. I call in and receive the life and peace of Jesus in my soul, mind and body in the name of Jesus.
42. **Spiritual Minded/Spiritual Soul:** Galatians 5:16-17, “This I say then, Walk in the spirit, and ye shall not fulfil the lust of the flesh. For the flesh lusteth against the spirit, and the spirit against the flesh; and these are contrary the one to the other: so that ye cannot do the things that ye would.”
Confession: I walk in the spirit by walking in the love of God. I control my flesh and my five senses with the Word of God and the Spirit of God in the name of Jesus.
43. **Spiritual Minded/Spiritual Soul:** Romans 8:5, “For they that are after the flesh do mind the things of the flesh; but they that are after the spirit the things of the spirit.”
Confession: I purpose in my heart to follow the leading of the Spirit and the Word of God in the name of Jesus. Every day I confess the promises of God’s Word.
44. **Spiritual Minded/Spiritual Soul:** 1 Corinthians 2:16, “For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ.”
Confession: The Bible informs me that I have the mind of Christ. Every day I confess that I have the mind of Jesus Christ. Jesus lives in my brain and I have a sound mind.
45. **Spiritual Minded/Spiritual Soul:** Philippians 2:5, “Let this **mind** be in you, which was also in Christ Jesus.”
Confession: I have the same mind in me, which is in Christ Jesus. I have the mind of Christ.
46. **Spiritual Minded/Spiritual Soul:** II Timothy 1:7, “For God hath not given us the spirit of fear, but of power, and of love, and of a sound mind.”

- Confession:** I operate out of my spiritual mind and I have the spirit of power, love and a sound mind in the name of Jesus. Spirit of fear, I bind you and command you to come out of me and not return in the name of Jesus.
47. **Carnal Mind/Physical Soul:** Romans 8:7, “Because the carnal mind is enmity against God; for it is not subject to the law of God, neither indeed can be.”
Confession: I only operate out of my carnal mind when I am using my five senses which consist of what I see, taste, hear, smell, and feel. My spiritual mind is guiding and influencing me while I’m using my carnal mind.
48. **Carnal Mind/Physical Soul:** Ephesians 2:3, “Among whom also we all had our conversation in times past in the lusts of our flesh, fulfilling the desires of the flesh and of the mind; and were by nature the children of wrath, even as others.”
Confession: I keep my mind renewed with the Word of God. The lust of the flesh will not control my life in the name of Jesus.
49. **Carnal Mind/Physical Soul:** Colossians 2:18, “Let no man beguile you of your reward in a voluntary humility and worshipping of angels, intruding into those things which he hath not seen, vainly puffed up by his fleshly mind.”
Confession: I keep my mind humble and my thoughts in line with the Word of God in the name of Jesus.
50. **Carnal Mind/Physical Soul:** James 1:5-8, “If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him. But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed. For let not that man think that he shall receive any thing of the Lord. A double minded man is unstable in all his ways.”
Confession: The wisdom of God is manifesting itself through me. A double minded man oscillates back and forth between his spiritual mind and his carnal mind. I will not be double minded because the Word of God keeps my mind stable and in faith in the name of Jesus.
51. **I live in Jesus:** I John 5:20, “And we know that the Son of God is come, and hath given us an understanding, that we may know him that is true [Jesus], and we are in him that is true, even in his Son Jesus Christ. This is the true God, and eternal life.”
Confession: I live in Jesus and He lives in me. Eternal life lives in my spirit and I release that life into my soul and body continually in the name of Jesus. The Word (Bible) informs all born again Christians that we live in Jesus. If we want the benefits of this promise, we have to believe it with our hearts and confess it out of our mouth. This will open our spirits and bring the promise into our souls and bodies each and every day in the name of Jesus. Jesus lives in my spirit, soul and body.
52. **I live in Jesus:** John 15:7, “If ye [me] abide in me [Jesus], and my words [promises] abide in you, ye shall ask what ye will, and it shall be done unto you.”
Confession: I live in Jesus and He lives in me. The Word of God lives in me 24/7. Because of the Word and the Spirit I always receive everything I ask for in the name of Jesus.
53. **I live in Jesus:** Ephesians 2:13, “But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of Christ.”
Confession: The blood of Jesus washed away all my sins, and I now live in Jesus with all of His promises flowing through my soul and body in the name of Jesus.
54. **I live in Jesus:** Ephesians 2:10, “For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.”
Confession: I am God’s workmanship, created and born again in Christ Jesus. God ordained that I should walk in His good works, free from sickness, disease, bondage, fear, poverty, and lack in the name of Jesus.
55. **I live in Jesus:** Ephesians 2:6, “And hath raised us up together, and made us sit [reign] together in heavenly places in Christ Jesus.”

Confession: Jesus is seated in the highest seat of authority and the highest place of honor in the universe. I am seated with Jesus. I am one with Jesus on the throne. My Lord, in His place, reached down and lifted me by His side onto the throne. All the promises that have been given to Jesus because He is seated at the right hand of God, the Father, on the throne belong to me. As long as I am born again through the blood of Jesus I will be on the throne with Jesus.

56. **I live in Jesus:** Ephesians 1:10 “That in the dispensation of the fullness of times he might gather together in one all things **in Christ**, both which are in heaven and which are on earth; even **in him**.”

Confession: Everyone who believes in the shed blood (who is born again) of Jesus will be gathered together with Him for eternity.

57. **I live in Jesus:** Galatians 3:28, “There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one **in Christ Jesus**.”

Confession: Every Christian is one in Christ Jesus. We all need to resist the devil and his sickness, disease, weakness, bondage, demons, poverty, and lack with the name of Jesus, because the devil has no legal right to put those things on a Christian.

58. **I live in Jesus:** II Corinthians 5:17, “Therefore if any man be **in Christ**, he is a new creature: old things are passed away; behold all things are become new.”

Confession: I am a new creature or a new creation in my spirit. I keep my mind renewed with the Word of God, and this enables me to control my soul and body. Every negative thing that I have ever done has passed away in Jesus.

59. **I live in Jesus:** II Corinthians 1:20-21, “For all the promises of God **in him [Jesus]** are yea, and **in him [Jesus]** Amen, unto the glory of God by us. Now he which stablisheth us with you **in Christ**, and hath anointed us, is God.”

Confession: Every promise in the Word of God belongs to me because they are sealed in my spirit. I activate and bring these promises into my soul and body by believing with my heart and confessing with my mouth. I call in and receive healing into my soul and body every day in the name of Jesus. All of the promises belong to me.

60. **I live in Jesus:** Romans 8:1, “There is therefore now no condemnation to them which are **in Christ Jesus**, who walk not after the flesh, but after the spirit.”

Confession: There is no condemnation in me in the name of Jesus. Condemnation is from the devil and I don't accept it in the name of Jesus. Jesus has set me free from all condemnation.

61. **I live in Jesus:** Ephesians 1:4, “According as he [Father] hath chosen us **in him [Jesus]** before the foundation of the world, that we should be holy and without blame before him in love.”

Confession: God chose me in Christ Jesus before He laid the foundation of the world. I am holy and living in the God-kind of love in the name of Jesus.

62. **I live in Jesus:** Colossians 2:6, “As ye have therefore **received Christ Jesus the Lord**, so **walk ye in him**.”

Confession: I live and walk in Jesus by faith.

63. **I live in Jesus:** Colossians 2:10, “And ye are complete **in him [Jesus]**, which is the head of all principality and power.”

Confession: I live in Jesus and I am complete in Him. Jesus has all power and authority in earth, heaven and hell. Jesus' name also has all power in earth, heaven and hell, and that name belongs to me.

64. **I live in Jesus:** I John 2:5, “But whoso keepeth his word, in him verily is the love of God perfected: hereby know we that we are **in him**.”

Confession: I keep God's Word in me all the time and His love is perfected in me. I live in Jesus and walk in His power.

65. **I live in Jesus:** I John 2:27, “But the anointing [Holy Spirit] which ye have received of him [Jesus] abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide **in him**.”

Confession: The anointing and power of the Holy Spirit abides in me, and He teaches me the Word of God and the things of God. I abide in Jesus and He protects me each and every day. I am more than an over-comer because of Jesus.

66. **I live in Jesus and Jesus lives in me:** I John 3:24, “And he that keepeth his commandments [Word] dwelleth **in Jesus**, and he **[Jesus] in him**. And hereby we know that he [Jesus] abideth **in us**, by the Spirit which he [Jesus] hath given us.”

Confession: I live in Jesus and Jesus lives in me. Jesus said He would never leave me or forsake me and I believe Him.

67. **I live in Jesus:** Ephesians 5:30, “For we [your name] are members of **his body**, of **his flesh**, and of **his bones**.”

Confession: I am united with Jesus. I am part of Jesus. My body is a member of His body. All things are put under Jesus’ feet—and beneath my feet. Jesus is head over all things, and I am in Jesus.

68. **I live in Jesus:** Philemon 1:6, “That the communication of thy faith may [will] become effectual by the acknowledging of every good thing which is in you [my spirit] **in Christ Jesus**.”

Confession: My faith will be effective only as I confess with my mouth and believe with my heart all the good things that are mine [or sealed in my spirit], because I belong to Jesus and He lives in my spirit. I call in and receive all the promises of God I need each and every day out of my spirit and into my soul and body with the name of Jesus.

69. **I live in Jesus:** Romans 12:5, “So we, being many, are one body **in Christ**, and every one members one of another.”

Confession: I am part of the body of Christ and I live in Jesus 24/7.

70. **I live in Jesus:** Ephesians 1:22-23, “And hath put all things under his [Jesus] feet, and gave him [Jesus] to be the head over all things to the church. Which is **his [Jesus]’ body [me]**, and the fullness of him [Jesus] that filleth all in all.”

Confession: God put all things under the feet of Jesus. I am the body of Christ so everything is under my feet. All sickness, disease, poverty, bondage, lack, and confusion are under my feet in the name of Jesus.

71. **The Kingdom of God lives in me** **Confession:** Father, I come before Your throne and in Your presence in the name of Jesus. I call in and receive my Heavenly Father my healer, my Heavenly Father my healer, Jesus my healer, Jesus my healer, Holy Spirit my healer, Holy Spirit my healer, Word of God my healer, Word of God my healer, the anointing, power, glory, and DNA of the Kingdom of God my healer, and the anointing, power, glory, and DNA of the Kingdom of God my healer into every subatomic particle of every atom, cell, nerve, organ, gland, tissue, bone, _____, _____, and _____, in my **soul** and **body**. They are working in my soul and body 24/7 keeping me healed, whole, healthy, strong, and chemically balanced mentally and physically. They are bringing everything in my soul and body into perfect working order in the name of Jesus. My youth is being renewed daily in the name of Jesus.

72. **I live in the Kingdom of God** **Confession:** I live in my Heavenly Father, I live in Jesus, I live in the Holy Spirit, I live in the Word of God, I live in the Kingdom of God, and I live in the anointing, power and glory of the Kingdom of God 24/7. The Kingdom of God is sealed in my spirit (Ephesians 4:30), and it will give me the power to triumph over any challenge that the devil can bring against me. I am more than an over comer in all areas of life because of Jesus. By Jesus’ stripes I am healed. Thank you Jesus for setting me free!

Sixteen Confessions to Activate the Kingdom of God

Confessions:

1. I call in Jesus my healer and deliverer, and by Jesus' stripes I am healed in Jesus' name.
2. I call in the Holy Spirit my healer and deliverer, by Jesus' stripes I am **already healed** in the name of Jesus.
3. Come in Jesus my healer and the Holy Spirit my healer in the name of Jesus.
4. I open my heart and call in and receive the life and light of Jesus and the Holy Spirit my healer, out of my Spirit into every subatomic particle of every atom and cell in my soul and body in the name of Jesus.
5. I call everything in my soul and body into a perfect working order in the name of Jesus.
6. I call in and receive new soul _____ and body _____ parts wherever they are needed in the name of Jesus.
7. I call in and receive God my Father my healer and deliverer, Jesus my healer and deliverer, Holy Spirit my healer and deliverer, Word of God my healer and deliverer, and the Kingdom of God my healer and deliverer into every subatomic particle of every atom and cell in my soul and body in the name of Jesus.
8. I call in the life and light of the Kingdom of God into my _____ in the name of Jesus.
9. Jesus shed His blood for my sins and gave me the New Testament, and by His stripes I am already healed.
10. The anointing, power, glory, and fire of the Holy Spirit that raised Jesus from the dead lives inside of my spirit, soul and body, and they are healing and delivering me 24/7.
11. I have total health, healing and deliverance in every area of my soul and body, because by Jesus' stripes I am healed.
12. I will activate every promise given to me in the Word of God by continually **believing** with my **heart** and **confessing** with my **mouth** in the name of Jesus.
13. I worship, praise and thank God my Father, Jesus my Lord, and the Holy Spirit every day for total health and healing in the name of Jesus.
14. I am a doer of the Word and not a hearer only. Every day I spend time studying God's Word, and I am blessed in every area of my life. By Jesus' stripes I am healed.
15. I refuse to give up; I refuse to quit. I know that health and healing belong to me. I continue to meditate on and speak the promises (grace) of God. I will see the full manifestation of God's promises in my soul and body in the name of Jesus.
16. I keep the Word of God before my eyes and my ears. God's Word is true. His Word is life unto my spirit, soul, and body. I have the mind of Christ.

After you have prayed the Prayer of Faith or Petition for your healing, you have to hold fast to your confession of faith that you are **completely healed** no matter how long it takes for the manifestation to take place. If we are operating in faith, **everything we confess has to be present tense** and in line with the Word of God. Now make up your own confessions.

A Guideline for Receiving Total Healing and Deliverance through Your Confessions and Prayers

1. Decide what you need or want from God, Your Father and find verses that inform you that God has given you promises to cover those needs and wants.
2. Make a decision to believe that you have already received [Mark 11:23-24] the answer until you have the manifestation in the natural realm. You are believing with your heart and confessing with your mouth.
3. The Word **receive** in Mark 11:24 in the Strong's Greek concordance #2983 is Lambano [lam-ban'o] which means "to receive, to take, or to get hold of." Mark 11:23 says that you will have what you say. You have to take, get hold of, and receive what you want from the Kingdom of God. God has already supplied all of your needs through His grace and all you need to do is activate them out of your spirit with your confession and actions until they come into a total manifestation. There are promises in the Bible to cover every need you will ever have.
4. Faith has a voice [II Corinthians 4:13]. Faith calls those things that be not as though they were [Romans 4:17]. Faith calls in things that have already been provided for you through God's **grace**. The Kingdom of God is **voice activated**. Faith activates the promises [grace] of God in your soul and body [Proverbs 18:21]. Hold fast to your confession and keep it going 24/7 until you have complete healing and deliverance [Luke 18:1-8]. The answer is already sealed in your spirit [Eph. 1:13, 4:30; 2 Cor. 1:22; Lk. 17:21]. But you have to activate and call in the promises with your confession until your healing is complete. Keep calling healing and deliverance in until all sickness and disease are completely gone and you have new soul and body parts in their place.
5. Worship your heavenly Father and thank Him for all He is and what He has done for you. Your heavenly Father put all your sicknesses and diseases on Jesus when they put those 39 stripes on His back, and He bore them so you could be free from all sickness and disease [I Peter 2:24].
6. Praise and thank the Kingdom of God for all their blessings and promises.
7. Read and meditate on the promises [grace] of God that show you that you are already healed and delivered from the bondage of Satan.
8. Resist and rebuke **all symptoms** that say you are not healed, delivered and set free with the name of Jesus. Call in new soul and body parts in the name of Jesus.
9. Hold fast to your confession of healing by calling it in day and night [Luke 18:1-8] until you have your complete healing and deliverance. Remember, you have to take and receive what you have asked for from the Kingdom of God. God has already given you the promise [answer] but He is waiting for you to take and receive it. Also never forget, that your **confession does not change** God, Jesus, Holy Spirit, Word of God, or the Kingdom of God; it only changes **you**. Keep that in mind while you are making your confessions.
10. Continue to believe that you are completely healed, healthy and delivered until you have your complete manifestation in the name of Jesus. Continue to call in new soul and body parts wherever they are needed at least three times a day.
11. Jesus **cut the root** of all **sickness, disease**, sin, poverty, fear, lack, _____, and bondage with His work on the Cross. As a result of Jesus dying on the Cross for us we were set free from everything that would steal, kill and destroy us. Jesus healed me 2,000 years ago and I have it **now** in the name of Jesus.

Dividing Between Spirit and Soul and Body

When God created His first man Adam, He fashioned a body for Adam from the dust of the earth—a substance that already existed. But when it came time for the creation of Adam's spirit man, God reached down on the inside of His own Being and literally brought Adam's spirit into existence. And when God placed that spirit into Adam's body, the Life in that spirit activated his vital signs, and man became a living soul: **And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul** (Genesis 2:7).

Adam's body was the most incredible thing God had ever created. It was a physical suit of clothing that flowed in absolute harmony with the natural laws of physics governing the world. This "suit" gave the man Adam, a spiritual being, the ability to coexist on two levels of creation—God's natural and spiritual kingdoms—much like an astronaut's suit allows him to operate both on earth and in space.

There was nothing like man's physical body in the entire universe. It was designed to house Adam's spirit in every aspect. His spiritual hand fit into his natural hand—finger for finger; his spiritual eyes fit into his natural eyes; and his spiritual ears fit into his natural ears. God made this natural body to so perfectly encompass the operation of the inner man that if the natural man and the spiritual man stood alongside each other, they would look almost identical.

A Physical Soul to House the Spiritual Soul

Now, when I say God created our natural body to house our spiritual body, most people don't have any trouble understanding this principle. A more difficult concept to understand is that when God created the spirit of man, He placed within that human spirit certain spiritual forces, such as love, joy, and peace (Romans 14:17). These forces make up the nature of our inner man.

Then in exactly the same way that God created our physical hands and feet to be receptacles for our spiritual hands and feet, He created a physical soul that acts as a receptacle for the spiritual forces of love, joy, and peace. So when God placed Adam's spirit into his body, the spiritual hand fit into its counterpart—the physical hand—and the spiritual soul fit into its counterpart—the physical soul!

You see, the difference between the spiritual soul and the physical soul is this:

- The spiritual soul possesses the FORCE of love.
- The physical soul possesses the EMOTION of love.

Man is the only part of God's creation that possesses a spiritual soul. Take the average pet dog or cat, for example. Dogs and cats can be so warm and friendly that the emotions of their physical soul can almost parallel the operation of a spiritual soul. But when your pet dies, even though you may miss it terribly, its physical soul perishes with it.

When we die, however, our inner man is disconnected from our outer man and we simply step out of our physical body. Likewise, our spiritual soul, which consists of the forces of love, joy, and peace, is disconnected from our physical soul, which consists of the emotions of love, joy, and peace.

The same way your physical hand is designed to serve your spiritual hand while you are on this earth, the physical emotions of the soul are designed to serve the spiritual forces of the inner man. God designed these spiritual forces of love, joy, and peace to operate through the emotional realms of your soul to affect your entire being.

The New Nature of the New Birth

When Adam fell from God's grace and died spiritually, he received the nature of sin into his spirit. At that point, not only was his spirit capable of such things as hatred, murder, and lying, but this sin nature also infiltrated the chromosomes of his physical man, breaking the cycle of his perpetually self-renewing physical body. Thus that physical body laid down and died some nine hundred and thirty years later.

Centuries passed until Jesus came, and the new nature—God's nature—was once again made available to man through the new birth.

When we are born again, a new nature is received into our human spirit. Because of this new nature, our inner man no longer has the capacity to fluctuate between love and hate, truth and lies, peace and murder. Once again it remains constant in the spiritual forces of love, peace, and joy.

There's just one problem. The spiritual soul with its forces of love, peace, and joy must operate through the physical soul. But the physical soul still has death working in it, inherited from the first Adam. It still has the capacity to fluctuate between the emotions of love and hate.

Through our physical soul, the cares of this life can enter in if we allow them. Torment and fear can take hold and begin to control our emotions, causing them to fluctuate back and forth. But in the midst of it all, our spirit man will remain constant, almost as if to say, "You can fluctuate back and forth between hatred and love or between fear and faith if you want to, but I'm not going with you!"

To live and operate out of our spiritual soul/spiritual mind we have to learn how to cast down all negative thoughts, reasoning, imaginations, emotions, memories, perceptions, and bring our thoughts and actions in line with the Word of God with the name of Jesus (II Corinthians 10:4-5; 1 Peter 5:6-9). This attitude will enable us to function and live out of our spirit man and heart which will keep us free from bondage, and help us to live in the peace of God.

The devil likes to build strongholds within the emotional realms of our soul. But as we learn more and more how to be led by the Holy Spirit, we'll grow to the place where our actions are controlled by the constant, stabilizing forces of our spirit man rather than by the emotional highs and lows of life.

Our bodies are not born again! Our physical bodies have to be under the control of our spirit and soul at all times (Romans 12:1). They will do anything that we allow them to do. Our bodies are being attacked with sickness and disease, and daily the devil is trying to put them in bondage. Even though the body will heal itself if everything is working properly, there are sicknesses and diseases that are very hard for it to recover from. Even the food that is being sold in our stores today are full of chemicals, pesticides, hormones, antibiotics, preservatives, and other poisons. Most sickness and disease today comes from the food we eat and the environment we live in. Most food distribution companies are driven by money and unfortunately they are not trying to help mankind.

Most of the time even the medical profession and drug companies are more interested in making profits off of sickness than trying to find a cure for the disease. That is why they will not allow a natural cure for sickness or disease to come on the market if they can prevent it.

THE TABERNACLE

GOD'S Portrait of His Son, the Lord Jesus



The Tabernacle gives us a vivid picture of our need towards God. God is represented by the “Glory Cloud” dwelling in the Most Holy Place.

The Tabernacle

- 1. God moved out of the Tabernacle when the veil was torn from top to bottom when Jesus died on the cross [Matt. 27:51; Mk. 15:38; Lk. 23:45]. He came back on the Day of Pentecost in Acts 2:4 and entered into the spirits of the 120 believers in the Upper Room when they received Jesus and got born again.**
- 2. Believers are the Holy of Holies/The Most Holy Place and the Temple of the Holy Spirit in the New Testament. 1 Cor. 6:19; II Cor. 6:16**
- 3. How to return God's Word to Him in the Old Testament. Isa. 55:10-11; Prov. 18:21**
- 4. How to return God's Word to Him in the New Testament. II Cor. 6:16; Rom. 4:17; 2 Cor. 4:13; Philem. 1:6**
- 5. How to believe with your heart and confess with your mouth. Mk. 11:23-24; Rom. 10:8-13; Heb. 10:23; Heb. 4:14-16**

PRAYING AND CONFESSING WITHOUT CEASING

Make these confessions to remove sickness or disease from your soul and body—Luke 18:1-8

Use Luke 11:5-10 if you are confessing or claiming these promises for someone else

I open my heart and call in and receive the/my/a **[put your healing confession here]** out of my spirit into every subatomic particle of every **atom, cell, nerve, system,** and **tissue** in my soul and body in the name of Jesus. The Holy Spirit has sealed the Kingdom of God and all the promises of God into your spirit [Eph. 1:13, 4:30; 2 Cor. 1:22; 2 Tim. 2:19; Luke 17:21; Jn. 6:27]. Faith believes with the **heart** and confesses with the **mouth**. **Above all, whatever things you ask for when you pray or confess from the Word, believe that you have already received them and you shall have them [Matt. 21:22; Mk. 11:23-24; Heb. 10:23].**

Preface each confession with the first line in the paragraph above and put the confession in the middle of the line.

1. God my Father my healer and deliverer, and by Jesus' stripes I am **already healed**.
2. Jesus my healer and deliverer, and by Jesus' stripes I am **already healed**.
3. Holy Spirit my healer and deliverer, and His resurrecting healing anointing, power, glory, fire, and DNA that raised Jesus from the dead [Rom. 8:11].
4. The activation and releasing of the Holy Spirit my healer and deliverer that raised Jesus from the dead out of my spirit into every subatomic particle of every atom, cell, nerve, gland, organ, _____, control system, part, tissue, muscle, and brain in my soul and body. Holy Spirit lives inside of me 24/7 and He has **quicken**ed, **healed** and **restored** my soul and body into a perfect working order in the name of Jesus, and by the resurrecting healing anointing, power, glory, fire, love, peace, and DNA of the Holy Spirit, I am **already healed** in Jesus' name [Rom. 8:11; Eph. 1:19-20; Rom. 6:4]. Spend time praying in the spirit to edify yourself and giving the Holy Spirit time to heal and restore your soul and body, while keeping you in the love of God every day [Jude 20-21; I Cor. 14:4].
5. Word of God my healer and deliverer, and by Jesus' stripes I am **already healed**.
6. Kingdom of God my healer and deliverer, and by Jesus' stripes I am **already healed**.
7. Anointing of [Father, Jesus, Holy Spirit, Word, Kingdom of God] my healer and deliverer.
8. Glory of God my healer and deliverer, and by Jesus' stripes I am **already healed**.
9. Fire of the [Holy Spirit, anointing] my healer and deliverer, and by Jesus' stripes I am **already healed**.
10. Healing peace of God my Father my healer and deliverer that is living in my spirit, soul and body, and by Jesus' stripes I am **already healed** [Rom. 5:1; Col. 3:15].
11. Healing peace of Jesus my healer and deliverer that is living in my spirit, soul and body, and by Jesus' stripes I am **already healed** [Jn. 14:27 & 16:33; Is. 9:6].
12. Healing peace of Holy Spirit my healer and deliverer that is living in my spirit, soul and body, and by Jesus' stripes I am **already healed** [Rom. 14:17].
13. Healing peace of the Word of God my healer and deliverer that is living in my spirit, soul and body, and by Jesus' stripes I am **already healed** [Jn. 1:1-3, 14; Prov. 4:20-22].
14. Healing peace of the Kingdom of God my healer and deliverer that is living in my spirit, soul and body, and by Jesus' stripes I am **already healed**.
15. Joy of God my Father my healer and deliverer, and by Jesus' stripes I am **already healed**.
16. Healing joy of Jesus my healer and deliverer, and by Jesus' stripes I am **already healed**.
17. Joy of the Holy Spirit my healer and deliverer, and by Jesus' stripes I am **already healed**.
18. Joy of the Word of God my healer and deliverer, and by Jesus' stripes I am **already healed**.

19. Healing joy of the Kingdom of God my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed**.
20. Healing love of God my Father my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed**. [Mk. 12:30-31; 1 Cor. 13:4-8 Amp; 1 Jn. 4:7-8].
21. Healing love of Jesus my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed** [Jn. 8:35; God of peace II Cor. 13:11].
22. Healing love of Holy Spirit my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed** [1 Jn. 4:18; Jude 20-21].
23. Healing love of the Word of God my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed**.
24. Healing love of the Kingdom of God my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed**.
25. Healing Life and Light of God my Father my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed**.
26. Healing Life and Light of Jesus my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed**.
27. Healing Life and Light of Holy Spirit my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed**.
28. Healing Life and Light of the Word of God my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed**.
29. Healing Life and Light of the Kingdom of God my healer and deliverer that lives in my spirit, soul and body, and by Jesus' stripes I am **already healed**.
30. New soul parts [**Name them:** nerves, emotions, thoughts, reasoning, motivations, imaginations, meditations, etc. _____].
31. New body parts [**Name them:** heart, immune system, eyes, ears, feet, skin, hair, teeth, liver, back, etc. _____].
32. A chemically balanced condition in my soul and body while working in perfect harmony.
33. A strong, healthy, healed, and chemically balanced immune system. I receive a brand new immune system in the name of Jesus, and by Jesus' stripes I am **already healed**.
34. The blood of Jesus that washed away my sins and gave me the New Testament, and by Jesus' stripes I am **already healed**.
35. Healing strength of God my Father my healer and deliverer that is living inside of my spirit, soul and body, and by Jesus' stripes I am **already healed**.
36. Healing strength of Jesus my healer and deliverer that is living inside of my spirit, soul and body, and by Jesus' stripes I am **already healed**.
37. Healing strength of the Holy Spirit my healer and deliverer that is living inside of my spirit, soul and body, and by Jesus' stripes I am **already healed**.
38. Healing strength of the Word of God my healer and deliverer that is living inside of my spirit, soul and body, and by Jesus' stripes I am **already healed**.
39. Healing strength of the Kingdom of God my healer and deliverer that is living inside of my spirit, soul and body, and by Jesus' stripes I am **already healed**.
40. Healing anointing, power and glory of the Kingdom of God my healer and deliverer that is living inside of my spirit, soul and body, and by Jesus' stripes I am **already healed**.
41. I am strong and not weak; I am healed and not sick in the name of Jesus.
42. Heavenly Father, your Kingdom come and your will be done in every area of my life—spirit, soul and body; and by Jesus' stripes I am **already healed** [Matt. 6:9-10].

43. Total health, healing and deliverance in every area of my soul and body, and by Jesus' stripes I am **already healed** [Ps. 103:3]. My youth is being renewed daily [Ps. 103:5].
44. The love of God my Father my healer and deliverer, the love of Jesus my healer and deliverer, the love of the Holy Spirit my healer and deliverer, the love of the Word of God my healer and deliverer, and the love of the Kingdom of God my healer and deliverer that is flowing in every subatomic particle of every atom and cell of my soul and body.
45. Normal voltage; -20 millivolts to -25 millivolts plus in every normal cell in my soul and body in the name of Jesus.
46. Normal voltage; -50 millivolts plus in every cell that needs to be replaced in my soul and body in the name of Jesus.
47. The voltage, frequencies, and vibrations in every subatomic particle and cell in my soul and body to be chemically balanced, strong and not weak, and working in perfect harmony in the name of Jesus.
48. New nerve cells, nerves, and central nervous system with new myelin around all my nerve.
49. New positive thoughts, reasoning, imaginations, emotions, memories, actions, perceptions, and peace because I have the mind of Christ [II Cor. 10:3-5; 1 Peter 5:6-9].
50. Freedom from all stress and pressure. My beta cells are stress-free. All my cells are stress-free in the name of Jesus! My soul and body are chemically balanced in the name of Jesus.
51. Wisdom, knowledge, grace, faith, love, joy, peace, strength, and rest my healer and deliverer that is living in me, and by Jesus' stripes I am **already healed** and free.
52. The name JESUS that is above every name in Heaven, earth and hell my healer and deliverer, and that name belongs to me and in that NAME I am **already healed** [Phil. 2:8-10].
53. The ability and commitment to eat for nutrition and not for taste.
54. The activation of every promise given to me in the Word of God by believing with my **heart** and confessing with my **mouth** in the name of Jesus, and by Jesus' stripes I am **already healed**.
55. The healing, restoring and renewing flesh, blood and DNA of Jesus and the Holy Spirit my healer and deliverer are flowing in my bloodstream, and secured to every cell of my soul and body after I take Communion. They stay there 24/7 until I take Communion the next time.
56. The blood of Jesus my healer, deliverer, savior, and cleanser in the name of Jesus, and by Jesus' stripes I am **already healed** [Eph. 1:13; Jn. 6:53-56].
57. Everything in my soul and body into a perfect working order in the name of Jesus.
58. Jesus my **HEALER**—healing Jesus—living in my soul and body. Jesus lives in my _____ right now. By Jesus' stripes I am **already healed**.
59. Jesus said "I AM" lives inside of me.
60. And I look past everything else and see myself healed. I don't consider sickness, I only consider healing.
61. That symptoms are from the devil and not from God. I resist the devil in Jesus' name.
62. And I thank and praise Jesus for healing my heart, by Jesus' stripes my heart is already healed and working perfect. My heartbeat, valves, chambers, tissues, nerves [vagus nerve], and cells are working perfect in the name of Jesus. My heartbeat is perfect. My heartbeat is perfect. My heartbeat is perfect. My natural heart pace is normal in Jesus' name.
63. Himself Jesus took my infirmities [diseases], and bare my sicknesses, and by Jesus' stripes I am **already healed** [Matt. 8:17; 1 Peter 2:24].
64. And I thank and praise Jesus for healing my brain, by Jesus' stripes my brain is **already healed** and working perfect.

65. And I thank and praise Jesus for healing my right arm and hand, my right leg and foot, my eyes, and my entire soul and body, and by Jesus' stripes I am **already healed**.
66. The tendons, ligaments, nerves, and muscles in every subatomic particle of every cell and system in my soul and body are chemically balanced, working in harmony, strong and not weak, healed and peaceful in the name of Jesus.
67. And I thank and praise you Lord Jesus for healing me, delivering me, and setting me free from all sickness, disease, weakness, bondage, and lack in Jesus' name.
68. And I thank and praise you Jesus for filling my soul, body, thoughts, emotions, and life full of YOUR healing love, healing joy, healing peace and healing strength in Jesus' name.
69. Jesus' healing and delivering peace in every cell and system in my soul and body in Jesus' name.
70. A new central nervous system, new nerve cells, new nerves, and new myelin around all my nerves from the top of my head to the tip of my toes, and from the top of my head to the tip of my fingers in the name of Jesus. I command my nerves be strong, healed, healthy, and function properly in Jesus' name. My soul and body are chemically balanced and my metabolism is normal in the name of Jesus. Jesus my healer, Word of God my healer, Holy Spirit my healer, and the Kingdom of God my healer live inside of my spirit. I continually call them into my nervous system, and I am completely healed by faith in the name of Jesus. The Kingdom of God lives in me and goes with me wherever I go in the name of Jesus.

Confessions of Love: Mark 12:30-31; 1 John 3:14, 2:11, 4:20-21

1. I love God my Father my healer and deliverer with all my heart, soul, mind, and strength [ability]. The **healing love**, peace, joy, and strength of God my Father is living in me.
2. I love Jesus my healer and deliverer with all my heart, soul, mind, and strength [ability]. The **healing love** of Jesus is living in me. Faith works by God's love [Gal. 5:6].
3. I love the Holy Spirit my healer and deliverer with all my heart, soul, mind, and strength [ability]. The **healing love** of the Holy Spirit is living in me.
4. I love the Word of God my healer and deliverer with all my heart, soul, mind, and strength [ability]. The **healing love** of the Word of God is living in me.
5. I love the Power of the Kingdom of God my healer and deliverer with all my heart, soul, mind, and strength [ability]. The love frequency is 528 hertz and it is flowing in every cell of my body. The **healing love** of the Kingdom of God is living in me.
6. The healing love, peace, joy and strength of Jesus my healer and deliverer, and by Jesus' stripes my _____ and _____ are **already healed** in the name of Jesus.
7. I call in and receive the healing love, anointing, power, glory, fire and DNA of the Holy Spirit that raised Jesus from the dead my healer and deliverer into every cell, organ, gland, tissue, and system in my soul and body, and He has **already healed** and delivered me in the name of Jesus.

Thank, Praise and Worship God (Ps. 69:30; Phil. 4:4-8; Col. 3:17; Jn. 4:23-24)

1. I thank and praise God my Father my healer and deliverer for new soul parts _____, _____, and new body parts _____, _____, created miracles _____, _____, and healings _____, _____, and deliverance _____, _____.
2. I thank and praise Jesus my healer and deliverer for new soul parts _____, _____, new body parts _____, _____, created miracles _____, _____, and healings _____, _____, and deliverance _____, _____.
3. I thank and praise Holy Spirit my healer and deliverer for new soul parts _____, _____,

and new body parts _____, _____, created miracles _____, _____, and healings _____, _____, and deliverances _____, _____.

4. I thank and praise the Word of God my healer and deliverer for new soul parts _____, _____, and new body parts _____, _____, created miracles _____, _____, and healings _____, _____, and deliverances _____, _____.
5. I thank and praise the Kingdom of God my healer and deliverer for new soul parts _____, _____, and new body parts _____, _____, created miracles _____, _____, and healings _____, _____, and deliverances _____, _____.
6. I worship God my Father, Jesus, and Holy Spirit my healer and deliverer every day.
7. Remember, whatever you call God your Father, Jesus, Holy Spirit, or the Kingdom of God that is what they are to you.
8. I thank and praise you Jesus for healing me, and by Jesus' stripes I am **already healed**.
9. I thank and praise you Lord Jesus for healing me, delivering me, making me whole, and setting me free from all sickness and disease, and by your stripes Jesus I am **already healed**.

Here are some tips to help you spend time in the Spirit with God and get to know God's Kingdom. Spend time each day before the Throne of God.

Spend at least 15 minutes, 30 minutes, 45 minutes, 60 minutes or more each day:

1. Reading and meditating on/assimilating the Word.
2. Spending time in Thanksgiving, Praise and **Worship**.
3. Confessing the Word [promises]. Call the answer out of your spirit into your soul and body.
4. Praying in tongues [Spirit] for personal edification, and keeping you in the **Love** of God. The Holy Spirit will quicken, heal and deliver your soul and body from all sickness, disease and weakness just like He raised Jesus from the dead [Rom. 8:11].
5. Waiting on the Lord for His instructions, and co-laboring with the Holy Spirit in obedience to what He says.
6. Fasting.
7. The only thing you have to do is believe and receive.