

Exercising Faith for Healing and Deliverance and Walking in Divine Health Forever

Your **heart** (spirit and soul) is your **believer**, and your **mouth** is your **receiver**. You will receive what you say, so keep saying it over, over, over, over, and over until you have convinced yourself that you have it on the inside. Then keep saying it over, over, over, over, and over until you have the total manifestation of your healing and deliverance.

Speak healing and health confessions three times a day to every area of your soul and body that is sick or weak until it is restored to health and strength. Then you will maintain your healing and deliverance with your “health confession walk” by speaking and calling in the Word of God (promises) into your soul and body three times each day, until Jesus comes back for you (the Rapture) or you go to Heaven.

1. Mark 11:23-24 Believe with your heart and speak to the mountain.
2. Romans 4:17-25 Faith calls those things in.
3. Hebrews 11:1-6 Our world is framed with the Word of God.
4. Proverbs 18:7, 21 Death and life are in the power of your tongue.
5. Isaiah 55:11 God’s Word will not return to Him void.
6. Philemon 1:6 You have to acknowledge (speak) the good things that are in you.
7. Galatians 3:11-14 Law versus faith.
8. Matthew 6:31 Take no thought saying...
9. Hebrews 1:3 Jesus upholds everything by the Word of His power.
10. Hebrews 4:12-16 Come boldly before God’s throne.
11. James 1:17-26 Faith needs Work—start confessing your healing.
12. Hebrews 4:2 You have to mix faith with the Word of God.
13. Hebrews 10:23 Hold fast to your confession of faith—don’t stop talking.
14. Hebrews 6:12 Through faith and patience we inherit the promises.
15. 2 Corinthians 4:13 Faith is a spirit and faith talks every day—three times a day.
16. 2 Corinthians 4:18 Don’t look at natural things—look at the Word of God.
17. 1 Corinthians 1:27-28 God has chosen things which are not, to bring to naught things that are.
18. 2 Peter 1:3 God has given us **all things** that pertain to life and godliness.
19. Luke 18:1-8 Confess the Word (promises) and pray night and day (three times a day).

Your **heart** (spirit and soul) is your **believer** and your **mouth** is your **receiver**. You can use these steps to receive your healing.

1. Put the Word of God, chapter and verse (promises), into your heart by meditating and memorizing the promises of God that inform you that you already have the answer (healing).
2. Meditate on the Word of God (promises) until you believe in your heart that you are already healed and all doubt and unbelief are eradicated. This is based on the Word of God.
3. Make the promises of God more important than the pain, symptoms, weakness, doctors report, X-rays, what you see or feel, etc. (2 Cor. 4:18).
4. Cast down all thoughts and reasoning that would suggest that you don’t already have your healing. Be carefree, worry-free and anxiety-free in the name of Jesus (2 Cor. 10:4-5; 1 Pet. 5:6-7).

5. You can confess the promises into your heart until you believe them, and then you can call in and receive your healing with your receiver (your mouth) until you are completely healed.
6. If you have a terminal disease or a degenerative disease, or any long term sickness you will have to spend hours every day and night calling healing into your soul and body until you are completely healed. Make sure you call in your healing at least three time each day. Don't accept anything but what Jesus has done for you and that is 100 percent healing. Dr. Norvel Hayes says if you will walk the floor and call in healing eight hours every day you will always receive your healing.
7. One way to keep yourself in a receiving mode is with thanksgiving, praise and worship.
8. Praying in the spirit will enable the Holy Spirit to quicken and heal your soul and body (Rom. 8:11).
9. Always be very specific when you are calling healing into any area of your soul and body. You will need to put your faith on the organ, gland, nerve, tissue, symptom, system, part, bone, etc. that needs healing, and keep your faith flowing until you are healed. Don't ever give up or quit because Jesus is our Healer and He wants all of us healed.